Auckland Masters Indoor Records

Women

as @ 22nd Sept 2026

Event/Age	Performance	Athlete's Name	Date/Year	Venue	Record
50m					
W30					
W35	7.51	Faith Firestone	4/11/2018	AUT Akl	
W40	7.64	Faith Firestone	11/08/2019	AUT Akl	NZR
W45	7.15	Chantel Brunner	20/08/2017	AUT Akl	NZR
W50	7.54	Phillipa Green	11/08/2019	AUT Akl	NZR
W55	7.76	Jill Hayman	20/08/2017	AUT Akl	NZR
W60	8.20	Jill Hayman	20/07/2024	Hastings	NZR
W65	8.82	Anne Deleiros	24/07/2016	AUT Akl	NZR
W70	8.84	Christine Waring	20/08/2017	AUT Akl	
W75	8.95	Christine Waring	11/08/2019	AUT Akl	NZR
W80					
60m Standard indoor distance					
W60	9.70	Jill Hayman	20/07/2024	Hastings	NZR
W65	10.56	Anne Deleiros	21/03/2017	WMAIC Deagu	NZR
W70	10.01	Christine Waring	26/03/2014	WMAIC Budapest	
W75	10.30	Christine Waring	27/03/2019	WMAIC Torun	NZR
200m [Standard distance]					
W60	36.46	Anne Hunter	10/03/2010	WMAIC Kamloops	NZR
W70	35.10	Christine Waring	28/03/2014	WMAIC Budapest	
W75	37.50	Christine Waring	29/03/2019	WMAIC Torun	NZR
400m [Standard distance]					
W70	1.27.20	Christine Waring	31/03/2014	WMAIC Budapest	
W75	1.32.10	Christine Waring	26/03/2019	WMAIC Torun	NZR
800m					
1500m					
W30	4.18.11	Laura Nagel	Mar-25	World Athletics Indoor	
W60	5.37.20	Christine Adamson	30/03/2019	WMAIC Torun	NZR
3000m					
W60	12.07.38	Christine Adamson	24/03/2019	WMAIC Torun	NZR
50m Hurdles		**[4 Hurdles] New Zealand only]**			
W30					
W35	9.16	Faith Firestone	5/08/2018	AUT Akl	NZR
W40	8.62	Faith Firestone	11/08/2019	AUT Akl	NZR
W45	10.06	Phillipa Green	5/08/2018	AUT Akl	NZR
Shotput					
W30	9.11	Kathleen Saifiti	10/08/2019	AUT Akl	
W35	8.51	Emily Scanian	11/08/2019	AUT Akl	
W40	9.24	Vavae Nuia	4/08/2018	AUT Akl	NZR
W45	8.65	Althea Mackie	4/08/2018	AUT Akl	
W50	8.56	Anne Goulter	24/07/2016	AUT Akl	
W55	8.79	Anne Goulter	10/08/2019	AUT Akl	
W60	8.82	Aggie Boxall	10/08/2019	AUT Akl	NZR

W65	7.47	Anne Deleiros	20/08/2017	AUT Akl	
W70	7.98	Anne Deleiros	4/08/2018	AUT Akl	NZR
W75	5.58	Carol Conte	10/08/2019	AUT Akl	
W90	**4.74**	**Hillary Weeks**	**9/8/2026**	**Hastings**	**NZR**
High Jump					
W30					
W35	1.35	Veruschka Drotsky	24/7/2016	AUT Akl	NZR
W40	1.35	Faith Firestone	11/08/2019	AUT Akl	NZR
W45	1.30	Phillipa Green	20/08/2017	AUT Akl	NZR
W50	1.25	Phillipa Green	11/08/2019	AUT Akl	NZR
W55	1.20	Karen Hulena	11/08/2019	AUT Akl	NZR
W60	1.35	Hee Sun Kim	21/07/2024	Hastings	NZR
W65					
W70	1.05	Anne Deleiros	4/08/2018	AUT Akl	NZR=
Long Jump					
W30					
W35	4.49	Faith Firestone	5/08/2018	AUT Akl	NZR
W40	4.23	Faith Firestone	11/08/2019	AUT Akl	NZR
W45	5.01	Chantel Brunner	20/08/2017	AUT Akl	NZR
W50	3.35	Joy Warbrick	20/08/2017	AUT Akl	NZR
W55	3.39	Karen Hulena	11/08/2019	AUT Akl	
W60	3.68	Hee Sun Kim	20/07/2024	Hastings	NZR
W65	3.17	Anne Deleiros	20/03/2017	WMAIC Daegu	NZR
W75	2.87	Anne Deleiros	4/08/2018	AUT Akl	
Triple Jump					
W40	8.31	Melissa Karl [Free]	21/07/2024	Hastings	NZR
W55	7.36	Aggie Boxall	20/08/2017	AUT Akl	NZR
W60	7.68	Anne Hunter	2/03/2010	WMIC Kamloops	NZR
W65	7.10	Anne Deleiros	23/03/2017	WMAIC Daegu	NZR
W70	6.43	Anne Deleiros	5/08/2018	AUT Akl	NZR
Pole Vault					
W30					
W35					
W40	**2.70**	**Kate Ramage**	**12/09/2026**	**AAI indoor Meet Akl**	**NZR**
W45	2.55	Sonja Bowie	7/09/2024	AAI PV#2 AUT SH	NZR
W50	2.30	Anne Goulter	20/08/2017	AUT Akl	
W55	2.45	Anne Goulter	11/08/2019	AUT Akl	
W60					
W65	1.65	Anne Deleiros	20/08/2017	AUT Akl	NZR
W70	1.60	Anne Deleiros	4/08/2018	AUT Akl	NZR