

Auckland Masters Indoor Records

Men



Event/Age	Performance	Athlete's Name	Date/Year	Venue	Record
50m [New Zealand only]					
M30	6.55	Sam Patterson	11/09/2019	AUT Akl	NZR
M35	6.51	David Garrett	5/08/2018	AUT Akl	NZR
M40	6.39	James Nightingale	20/08/2017	AUT Akl	NZR
M45	6.59	Mark Lambert	11/08/2019	AUT Akl	NZR
M50	6.55	Mark Lambert	16/08/2025	Hastings	NZR
M55	7.61	Graham Ross	11/09/2019	AUT Akl	
M60	7.48	Uno Sumar	4/08/2018	AUT Akl	
M65	7.79	Anthony Deleiros	24/07/2016	AUT Akl	
M70	7.61	Anthony Deleiros	20/08/2017	AUT Akl	
M75	8.43	Alan Dougall	20/07/2024	Hastings	NZR
M80	10.03	Trevor Cowley	24/07/2016	AUT Akl	
60m Standard indoor distance					
M35	7.80	Gulap Singh	17/18/2025	Hastings	NZR
M50	7.68	Mark Lambert	17/18/2025	Hastings	NZR
M55	7.82	John Campbell	2/02/2019	Indiana USA	
M60	8.56	Anthony Deleiros	1/03/2010	WMAIC Kamloops	
M65	8.75	Trevor Guptill	25/03/2014	WMAIC Budapest	NZR
M70	8.67	Trevor Guptill	27/03/2019	WMAIC Torun	NZR
M75	9.66	Alan Dougall	20/07/2024	Hastings	NZR
M80	10.82	David Anstiss	17/08/2025	Hastings	NZR
200m [Standard distance]					
M55	25.42	John Campbell	16/02/2019	Indiana USA	NZR
M60	27.79	Anthony Deleiros	1/03/2010	WMAIC Kamloops	NZR
M65	28.43	Alan Dougall	23/03/2017	WMAIC Daegu	NZR
M70	28.58	Trevor Guptill	29/03/2019	WMAIC Torun	NZR
400m [Standard distance]					
M60	65.10	Anthony Deleiros	4/03/2010	WMAIC Kamloops	
M65	66.29	Alan Dougall	24/03/2017	WMAIC Daegu	NZR
M70	68.48	Anthony Deleiros	24/03/2017	WMAIC Daegu	NZR
50m Hurdles [4 Hurdles]					
M45	9.65	Trevor Wilson	4/08/2018	AUT Akl	NZR
M50	9.41	Andy Richardson	20/08/2017	AUT Akl	
M70	10.04	David Anstiss	4/08/2018	AUT Akl	NZR
M75	10.56	David Anstiss	20/07/2024	Hastings	
60m Hurdles					
M60	11.52	Mark Lett	17/08/2025	Hastings	
M80	14.45	David Anstiss	17/08/2025	Hastings	NZR
Heavy Weight					
M50	13.95	Laini Inivale	19/03/2017	WMAIC Daegu	NZR
Shotput					
M30					
M35	9.36	Jacob Potgieter	11/08/2019	AUT Akl	NZR
M40	11.12	Tarres Chitar	4/08/2018	AUT Akl	NZR
M45	13.83	Laini Inivale	19/03/2017	WMAIC Daegu	NZR

M50	14.24	Laini Inivale	20/08/2017	AUT Akl	NZR
M55	13.02	Laini Inivale	20/07/2024	Hastings	NZR
M60	12.15	Siaosi Gavet	20/07/2024	Hastings	NZR
M65	10.75	Tuariki Delamere	20/08/2017	AUT Akl	NZR
M70	8.72	Anthony Deleiros	4/08/2018	AUT Akl	
M75	8.26	Errol Lee	4/08/2018	AUT Akl	
High Jump					
M30					
M35	1.63	Jacob Potgieter	11/08/2019	AUT Akl	NZR
M40	1.55	A. Maharaj	12/07/2015	AUT Akl	NZR
M45	1.55	Trevor Wilson	4/08/2018	AUT Akl	
M50	1.55	Andy Richardson	11/08/2019	AUT Akl	NZR
M55	1.45	Trevor Walker	20/08/2017	AUT Akl	
M60	1.45	James Thomas	11/08/2019	AUT Akl	NZR
M65	1.35	Tuariki Delamere	20/08/2017	AUT Akl	NZR
M70	1.31	David Anstiss	11/08/2019	AUT Akl	NZR
M75	1.30	David Anstiss	21/07/2024	Hastings	NZR
M80	1.25	David Anstiss	17/08/2025	Hastings	NZR
Long Jump					
M30	5.42	Aleric Ferandes	12/07/2015	AUT Akl	
M35	5.47	Gulap Singh	16/08/2025	Hastings	NZR
M40	5.02	Daniel Bediako	4/08/2018	AUT Akl	NZR
M45	5.23	Trevor Wilson	4/08/2018	AUT Akl	NZR
M50	5.23	Andy Richardson	20/08/2017	AUT Akl	NZR
M55	3.65	James Ellis	16/08/2025	Hastings	
M60	349%	Tuariki Delamere	12/7.2015	AUT Akl	
M70	3.81	Anthony Deleiros	23/07/2023	WMAIC Daegu	
M75	3.66	David Antsiss	21/07/2024	Hastings	NZR
M80	3.53	David Anstiss	16/08/2025	Hastings	NZR
Triple Jump					
M30	11.93	Aleric Ferandes	12/07/2015	AUT Akl	NZR
M35	10.96	Iain McGowen	12/07/2015	AUT Akl	NZR
M40	11.94	Daniel Bediako	4/08/2018	AUT Akl	NZR
M45	9.02	Aaron Jack	11/08/2019	AUT Akl	NZR
M50	10.89	Andy Richardson	24/07/2016	AUT Akl	NZR
M55	10.95	Trevor Walker	11/08/2019	AUT Akl	NZR
M60	9.67	Ho Young Do	21/07/2024	Hastings	
M65	8.09	Tuariki Delamere	20/08/2017	AUT Akl	NZR
M70	8.99	David Anstiss	20/08/2017	AUT Akl	NZR
M75	8.69	David Antsiss	21/07/2024	Hastings	NZR
M80	8.23	David Anstiss	17/08/2025	Hastings	NZR
M85	5.56	Ron Johnson	20/08/2017	AUT Akl	NZR
Pole Vault					
M30	3.60	Ettiene du Preez	12/12/2022	AUT Akl	
M55	3.20	David Blackford	29/10/2022	AUT Akl	
M60					
M70	2.40	David Anstiss	1/09/2018	AUT Akl	NZR
M75	2.35	David Anstiss	7/09/2024	AAI PV#2 AUT SH	NZR
M80	2.00	David Anstiss	16/08/2025	Hastings	NZR