

Individual Results - 12th October 2008

100m	John Campbell	12.1
	Susann Rothkopf	14.2
	Paula Sharpe	14.5
200m	John Campbell	25.1
	Paula Sharpe	31.3
	Susann Rothkopf	32.3
Long Jump	Susann Rothkopf	3.86m
	Paula Sharpe	3.72m
Discus	Greg Brush	29.15m
Javelin	Greg Brush	38.73m
	Paula Sharpe	19.15m
	Susann Rothkopf	19.11m
1500m	Steve McOnie	5.15.5
	Greg Brush	5.58.5
	John Campbell	6.15.0