

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| EVENT/AGE | RECORD | NAME | YEAR | |
|------------|--------|-------------------------------------|----------------------|----------|
| 60M | | <i>(new record introduced 2008)</i> | | Wind |
| W30 | | | | |
| W35 | 8.91 | JOANNE OWEN | 24-1-10 | 0.1 |
| W40 | | | | |
| W45 | | | | |
| W50 | | | | |
| W55 | 9.62 | ANNE DELEIROS | 26/1/2008 | 0.6 m/s |
| W60 | | | | |
| W65 | 9.52 | CHRIS WARING | Nth Islands 28-11-09 | -0.4 m/s |
| W70 | | | | |
| W75 | | | | |

| | | | | |
|-------------|-------|-----------------|---------------------|---------|
| 100M | | | | |
| W30 | 13.4 | ANNE GOULTER | 1/07/1994 Oceania | |
| W35 | 12.84 | MARGARET YATES | 1981 | |
| W40 | 12.88 | AVIS MCINTOSH | 1981 | |
| W45 | 12.71 | COLLEEN MILLS | 1979 | NZR |
| W50 | 13.21 | WENDY BROWN | 2001 Worlds Aust | NZR |
| W55 | 14.2 | CHRIS WARING | 15/3/2002 | |
| W60 | 14.4h | MARGARET PETERS | Feb-95 | |
| | 14.49 | MARGARET PETERS | 1994 Nationals | |
| W65 | 14.94 | MARGARET PETERS | 1999 Worlds England | 1.1 m/s |
| W70 | 15.16 | MARGARET PETERS | 21/3/2004 | WR |
| W75 | 16.03 | MARGARET PETERS | WMG 2009 | NZR |
| W80 | 32.9 | PAULINE PURSER | 2003 Auck Champs | |

| | | | | |
|-------------|-------|-----------------|---------------------|-----|
| 200M | | | | |
| W30 | 28.26 | ANNE GOULTER | 1993 | |
| W35 | 26.92 | MARGE ALLISON | 1981 | |
| W40 | 28.02 | CHRIS WARING | 1984 | |
| W45 | 26.22 | COLLEEN MILLS | 1979 | NZR |
| W50 | 27.37 | WENDY BROWN | 2001 Worlds Aust | |
| W55 | 29.52 | MARGARET PETERS | 1989 | |
| W60 | 30.1 | MARGARET PETERS | 1994 Nationals | NZR |
| W65 | 31.00 | MARGARET PETERS | 1999 Worlds England | NZR |
| W70 | 31.45 | MARGARET PETERS | 21/3/2004 | WR |
| W75 | 34.55 | MARGARET PETERS | 3/8/2009 | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 400M | | | | |
|-------------|---------|-------------------|---------------------|-----|
| W30 | 65.2 | R RODGER | 1987 | |
| W35 | 59.3 | ADRIENNE CRANSHAW | 1984 | |
| W40 | 58.9h | COLLEEN MILLS | 1975 | NZR |
| W45 | 59.68 | COLLEEN MILLS | 1981 | NZR |
| W50 | 66.8h | TUI RAMANUI | 2000 | |
| W55 | 68.8 | CHRIS WARING | 1999 | |
| W60 | 72.55 | CHRIS WARING | 2005 Worlds Spain | NZR |
| W65 | 75.45 | MARGARET PETERS | 1999 Worlds England | NZR |
| W70 | 1.20.12 | MARGARET PETERS | 2005 Worlds Spain | NZR |
| W75 | 1.59.5 | KAY KENNETH-LOW | 1990 | NZR |
| W80 | - | - | - | |

| 800M | | | | |
|-------------|---------|------------------------|---------------------|--|
| W30 | 2.23.80 | JENNY DRUMMOND | Mar-97 | |
| W35 | 2.18.65 | CHRISTINE BRACE-HEAVEN | 1999 Worlds England | |
| W40 | 2.19.60 | VAL ROBINSON | 1981 | |
| W45 | 2.34.40 | TUI RAMANUI | 3/2/1997 | |
| W50 | 2.40.56 | JUNE CRISP | 1983 | |
| W55 | 2.51.8 | TUI ASHE | Hamilton 11/11/07 | |
| W60 | 3:16.47 | JUDITH STEWART | 24-1-10 | |
| W65 | 4.41.76 | PAM SPIERS | 1990 Oceania | |
| W70 | 3.53.0 | ISOBEL FOLEY | 2005 AK Champs | |
| W75 | 4.28.21 | KAY KENNETH-LOW | 1993 | |
| W80 | - | - | - | |

| 1500M | | | | |
|--------------|---------|------------------------|---------------------|-----------|
| W30 | 4.56.10 | JENNY DRUMMOND | 2/24/1997 | |
| W35 | 4.46.44 | CHRISTINE BRACE-HEAVEN | 1999 Worlds England | |
| W40 | 4.46.10 | VAL ROBINSON | 1981 | |
| W45 | 4.36.58 | HEATHER MATTHEWS | 1992 | Former WR |
| W50 | 5.21.10 | JUDITH STEWART | 2000 | |
| W55 | 5.52.23 | JUDITH STEWART | Auck Champs 2007 | |
| W60 | 6.02.14 | JUDITH STEWART | 7/3/09 | |
| W65 | 6.37.70 | ISABEL FOLEY | 2000 | |
| W70 | 8.15.22 | KAY KENNETH-LOW | Jun-05 | 1986 |
| W75 | 8.54.40 | KAY KENNETH-LOW | 1990 Oceania | NZR |
| W80 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 3000M | | | | |
|--------------|----------|------------------|------------------|-----|
| W30 | 11.25.8 | HELEN GAETA | 1982 | |
| W35 | 11.04.8 | KRISTINE REID | 2005 Gideon Tait | |
| W40 | 10.55 | LOIS GRIMMER | 1994 | |
| W45 | 9.47.47 | HEATHER MATTHEWS | 1992 | NZR |
| W50 | 11.54 | JUDY STEWART | 1998-9 | |
| W55 | 12.31 | JUDY STEWART | 2006 TT1 | |
| W60 | 12:49.24 | JUDY STEWART | 24-1-10 | |
| W65 | 19.07.50 | KAY KENNETH-LOW | 1984 | |
| W70 | 18.41.50 | AILSA FORBES | 1982 | |
| W75 | - | - | - | |
| W80 | - | - | - | |

| 5000M | | | | |
|--------------|----------|------------------|------------------|-----|
| W30 | 19.02.70 | RONNIE COLE | 3/2/1997 | |
| W35 | 17.18.30 | MARION MACDONALD | 1990 | |
| W40 | 17.26.3 | NYLA CARROLL | 9/02/2008 | |
| W45 | 18.48.47 | JUDY STEWART | 1998 | |
| W50 | 20.18.06 | JUDY STEWART | 2002 | |
| W55 | 20.31.79 | JUDY STEWART | Auck Champs 2007 | |
| W60 | 21.54.80 | JUDY STEWART | 1/2/09 | |
| W65 | 23.13.21 | ISABEL FOLEY | 2001 | NZR |
| W70 | 24.48.27 | ISABEL FOLEY | 2004 Nationals | NZR |
| W75 | 31.55.7 | AILSA FORBES | 1986 | NZR |
| W80 | - | - | - | |

| 10000M | | | | |
|---------------|----------|----------------|------------------|-----|
| W30 | 38.25.50 | RONNIE COLE | 3/2/1997 | |
| W35 | 38.24.42 | JENNY SMITH | 1988 | |
| W40 | 36.11.19 | NYLA CARROLL | Auck Champs 2007 | |
| W45 | 40.17.30 | JUDITH STEWART | 3/2/1997 | |
| W50 | 40.48.60 | JUDITH STEWART | 2000 Nationals | |
| W55 | 43.05.65 | JUDITH STEWART | Auck Champs 2007 | |
| W60 | 44.07.00 | JUDITH STEWART | 12/10/2008 | |
| W65 | 47.58.01 | ISOBEL FOLEY | 2001 | NZR |
| W70 | 59.20.61 | AILSA FORBES | 1981 | |
| W75 | 67.24.35 | AILSA FORBES | 1986 | NZR |
| W80 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 1 MILE | | | | |
|--------|---------|------------------|---------------|-----------|
| W35 | 5.07.5 | MARION MACDONALD | 1990 Papakura | |
| W40 | 5.21.29 | CHRISTINE MUNRO | 1991 Papakura | |
| W45 | 5.02.31 | HEATHER MATTHEWS | 1991 Papakura | Former WR |
| W55 | 6.19.19 | JUDY STEWART | 2007 | |
| W60 | 6.43.20 | ISOBEL FOLEY | Mar-94 | NZR |
| W65 | - | - | - | |
| W70 | - | - | - | |

| 1500M WALK | | | | |
|------------|----------|-----------------|--------------|-----|
| W40 | 7.44.0 | BARBARA LAMBERT | 1992 Oceania | NZR |
| W45 | 10.51.00 | LILY HINTON | 1982 | |
| W50 | 10.26.00 | WINI PEPENE | 1982 | |
| W60 | 11.53.00 | JUNE HUSBAND | 1982 | NZR |
| W70 | 10.23.00 | AILSA FORBES | 1982 | NZR |
| W75 | 10.00.48 | KAY KENNETH-LOW | 1993 | WR |

| 1 MILE WALK | | | | |
|-------------|----------|-----------------|------------------|-----|
| W30 | - | - | - | |
| W35 | 7.53.00 | JANE JACKSON | 1985 | NZR |
| W40 | 8.04.50 | JANE JACKSON | 1992 | NZR |
| W45 | 10.20.60 | JUDY MILDON | 1987 | |
| W50 | 8.48.90 | BARBARA LAMBERT | 2002 | NZR |
| W55 | 10.50.70 | JEANETTE HOWDEN | 1993 | NZR |
| W60 | 10.35.20 | WINI PEPENE | 1993 | NZR |
| W65 | 14.13.00 | GLADYS PARRY | 1983 | NZR |
| W70 | 10.41.7 | DOREEN TORBIT | 1999 Auck Champs | NZR |
| W75 | 11.04.80 | KAY KENNETH-LOW | 1993 | NZR |
| W80 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 3000M WALK | | | | |
|------------|----------|-----------------|-----------------|-----|
| W30 | 24.19.20 | HELEN DEPHOFF | 1983 | |
| W35 | 14.45.35 | JANE JACKSON | 1986 | |
| W40 | 15.13.51 | JANE JACKSON | 1989 | |
| W45 | 16.58.30 | MARCIA SOANES | 2004 TT1 | |
| W50 | 16.58.40 | BARBARA LAMBERT | 2000 | |
| W55 | 18.25.51 | WINI PEPENE | 1986 | |
| W60 | 18.25.97 | SHIRLEY BARBER | 29/2/2008 | |
| W65 | 20.26.70 | KAY KENNETH-LOW | 1984 | |
| W70 | 20.44.30 | DOREEN TORBIT | 2002 | NZR |
| W75 | 21.07.24 | DOREEN TORBIT | 2002 Gold Coast | NZR |
| W80 | - | - | - | |

| 5000M TRACK WALK | | | | |
|------------------|----------|-----------------|--------------------|------|
| W40 | 24.50.85 | JANE JACKSON | 1987 | NZR |
| W45 | 30.29.93 | BARBARA LAMBERT | 1998 Oceania | |
| W50 | 29.06.34 | BARBARA LAMBERT | 2000 Oceania | |
| W55 | 28.32.25 | JANE JACKSON | 1997 Worlds Durban | NZR |
| W70 | 34.38.10 | KAY KENNETH-LOW | 1997 Worlds Durban | NZR |
| W75 | 35.48.10 | AILSA FORBES | 1987 | WSAR |

| 10000M TRACK WALK | | | | |
|-------------------|----------|-----------------|------------------|------|
| W45 | 64.47.6 | MARCIA SOANES | 2003 Auck Champs | |
| W50 | 62.23.40 | BARBARA LAMBERT | 2002 | NZR |
| W55 | - | - | - | |
| W65 | 71.55.2 | DOROTHY FOSTER | 2003 Auck Champs | |
| W70 | 62.5 | AILSA FORBES | 1984 Oceania | |
| W75 | 77.22 | AILSA FORBES | 1987 | WSAR |

| 5000M ROAD WALK | | | | |
|-----------------|----------|-----------------|------|--|
| W30 | - | - | - | |
| W35 | 27.30.00 | NINI HARRIS | 1985 | |
| W40 | 24.50.39 | JANE JACKSON | 1987 | |
| W45 | 34.17.10 | JUDY MILDON | 1987 | |
| W50 | 33.14.90 | WINI PEPENE | 1985 | |
| W70 | 35.48.01 | KAY KENNETH-LOW | 1987 | |
| W75 | 36.22.59 | AILSA FORBES | 1987 | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 10KM ROAD WALK | | | | |
|----------------|----------|-----------------|------------|-----|
| W30 | - | - | - | |
| W35 | 53.10.60 | JANE JACKSON | 1986 | |
| W40 | 49.58.03 | JANE JACKSON | 1989 | NZR |
| W45 | 52.57.00 | JANE JACKSON | 1992 | NZR |
| W50 | 57.5 | BARBARA LAMBERT | March 2001 | |
| W55 | 62.54.50 | WINI PEPENE | 1986 | |
| W60 | - | - | - | |
| W65 | 73.28.30 | KAY KENNETH-LOW | 1984 | |
| W70 | 68.42.00 | KAY KENNETH-LOW | 1984 | NZR |
| W75 | 73.38.0 | DOREEN TORBIT | 2004 | NZR |

| 20KM ROAD WALK | | | | |
|----------------|---------|----------------|---------------------------|------------|
| W50 | 2.08.23 | JULIE HELEAN | 2007 Worlds Riccione | |
| W60 | 2.15.16 | SHIRLEY BARBER | NZ Long Distance Hastings | 22/10/2006 |

| 2000M STEEPLES | UP TO MAR 1997 | | HURDLE HEIGHT 91.4CM | |
|----------------|----------------|----------------|----------------------|--|
| W30 | - | - | - | |
| W35 | 9.25.39 | DIANNE HUGHES | 1989 | |
| W40 | 9.58.33 | DIANE HOWELL | 1993 | |
| W45 | 7.51.25 | JUDITH STEWART | 1998 Oceania | |
| W50 | 8.24.70 | JUDITH STEWART | 2000 | |
| W55 | 11.11.08 | JUNE CRISP | 1988 | |
| W60 | 13.55.25 | PAM SPIERS | 1989 | |
| W65 | - | - | - | |

| 2000M STEEPLES | <i>(AFTER MAR 1997)</i> | | | |
|----------------|-------------------------|----------------|---------------------|--|
| W30 | 7.59.70 | JENNY DRUMMOND | 1998 | |
| W35 | - | - | - | |
| W40 | - | - | - | |
| W45 | 7.51.25 | JUDITH STEWART | 1998 | |
| W50 | 8.13.92 | JUDITH STEWART | 1999 Worlds England | |
| W55 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

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| 80M HURDLES | | | | |
|-------------|-------|---------------|----------------------|-----|
| W30 | 16.48 | ROSE HENRY | 1986 | |
| W35 | - | - | - | |
| W40 | 12.74 | AVIS MCINTOSH | 1981 | NZR |
| W45 | 12.84 | COLLEEN MILLS | 1979 | |
| W50 | 14.45 | COLLEEN MILLS | 1985 Worlds Rome | NZR |
| W55 | 16.34 | COLLEEN MILLS | 1990 Oceania | |
| W60 | 21.74 | WINI PEPENE | 1994 Worlds Brisbane | |
| W65 | 22.9 | WINI PEPENE | 25/2/1996 | |

| 100M HURDLES | | | | |
|--------------|-------|----------------|------------|-----|
| W30 | - | - | - | |
| W35 | 17.49 | MARGE ALLISON | 1981 | |
| W40 | 22.3 | DIANNE HOWELL | 1993 | |
| W45 | 17.12 | HILDA DAVIDSON | March 1996 | |
| W50 | - | - | - | |
| W55 | 21.02 | BERYL VINE | 1983 | NZR |

| 300M HURDLES | | | | |
|--------------|-------|---------------|------|-----|
| W50 | 53.22 | COLLEEN MILLS | 1988 | |
| W55 | 73.86 | WINI PEPENE | 1988 | NZR |
| W60 | - | - | - | |

| 400M HURDLES | | | | |
|--------------|-------|-----------------|----------------|--|
| W35 | 69.78 | CATHERINE BACON | 2006 Nationals | |

| SHOT PUT | | | | |
|----------|-------|---------------------|----------------------|-----|
| W30 | 8.41 | ANNE GOULTER | 1994 Oceania | |
| W35 | 13.9 | CHRISTINE MCCA HILL | 2001 | NZR |
| W40 | 11.46 | CHRISTINE MCCA HILL | 2006 Oceania | |
| W45 | 9.23 | BARBARA AUSTIN | 1988 | |
| W50 | 9.99 | ANNE HUNTER | 1998 Aspac | |
| W55 | 9.83 | MIRIAM STANLEY | 1992 Oceania | |
| W60 | 9.85 | MIRIAM STANLEY | 1994 Worlds Brisbane | NZR |
| W65 | 7.36 | WINI PEPENE | March 1996 | |
| W70 | 6.64 | HILARY WEEKS | 2006 Gideon Tait | |
| W75 | 5.49 | KAY KENNETH-LOW | 1990 Oceania | |
| W80 | 4.82 | PAULINE PURSER | 2005 | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| DISCUS | | | | |
|--------|-------|----------------------|------------------|-----|
| W30 | 24.5 | ANNE GOULTER | 1994 Oceania | |
| W35 | 40.1 | CHRISTINE MCCAHERILL | 2002 | |
| W40 | 33.97 | CHRISTINE MCCAHERILL | 2005 Gideon Tait | |
| W45 | 32.94 | MIRIAM STANLEY | 1981 | |
| W50 | 31.8 | MIRIAM STANLEY | 1984 | |
| W55 | 30.76 | MIRIAM STANLEY | 1989 | NZR |
| W60 | 29.64 | MIRIAM STANLEY | Mar-94 | NZR |
| W65 | 17.38 | WINI PEPENE | Mar-96 | |
| W70 | 17.71 | HILARY WEEKS | Auck Champs 2007 | |
| W75 | 13.26 | KAY KENNETH-LOW | 1993 | |
| W80 | 12.79 | PAM SPIERS | 2006 Auck Champs | NZR |
| W90 | 10.44 | DULCIE HOWELLS | 16/3/2008 | |

| HAMMER | | | | |
|--------|-------|----------------------|----------------------|-----|
| W30 | 30.42 | ANNE GOULTER | 1996 | |
| W35 | 49.54 | CHRISTINE MCCAHERILL | 2002 Adelaide | NZR |
| W40 | 42.73 | CHRISTINE MCCAHERILL | 2006 Nationals | NZR |
| W45 | 39.12 | ANNE GOULTER | WMG 15/10/09 | |
| W50 | 31.74 | VIV KEOHANE | 2000 Sth Pacific | |
| W55 | 32.66 | MIRIAM STANLEY | 1990 Oceania | |
| W60 | 32.64 | MIRIAM STANLEY | 1994 Worlds Brisbane | NZR |
| W65 | 22.42 | JUNE HUSBAND | 1987 | |
| W70 | 20.4 | JUNE HUSBAND | 1992 | |
| W75 | 14.73 | PAM SPIERS | 2003 | |
| W80 | 12.92 | PAULINE PURSER | 2003 Auck Champs | |

| JAVELIN | | | | |
|---------|-------|----------------------|----------------|-----|
| W30 | 19.50 | ANNE GOULTER | July 1994 | |
| W35 | 28.62 | CHRISTINE MCCAHERILL | 2002 | |
| W40 | 27.42 | JO HITCHINGS | 2002 Nationals | |
| W45 | 25.27 | TUI RAMANUI | 2000 | |
| W50 | 25.76 | WINI PEPENE | 1983 | |
| W55 | 28.52 | WINI PEPENE | 1987 | NZR |
| W60 | 27.36 | WINI PEPENE | 1993 | NZR |
| W65 | 26.14 | WINI PEPENE | 1996 Nationals | NZR |
| W70 | 20.14 | JUNE HUSBAND | 1992 | |
| W75 | 12.56 | KAY KENNETH-LOW | 1990 Oceania | |
| W80 | 12.16 | PAM SPIERS | 2006 Nationals | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| WEIGHT | | | | |
|--------|-------|---------------------|------------------|-----|
| W30 | - | - | - | |
| W35 | 16.67 | CHRISTINE MCCA HILL | 2002 Nationals | NZR |
| W40 | 14.99 | CHRISTINE MCCA HILL | 2006 Oceania | NZR |
| W45 | 12.30 | ANNE GOULTER | WMG 12/10/09 | |
| W50 | 9.82 | VIV KEOHANE | 2002 North Is | |
| W55 | 10.73 | VIV KEOHANE | 2003 North Is | |
| W60 | 12.21 | MIRIAM STANLEY | 1994 Nationals | |
| W65 | - | - | - | |
| W70 | 8.85 | HILLARY WEEKS | 2006 Gideon Tait | |
| W75 | 6.23 | PAM SPIERS | 2002 | NZR |
| W80 | 6.23 | PAULINE PURSER | 2006 Pan Pacific | NZR |

| HIGH JUMP | | | | |
|-----------|------|-----------------|--------------------|-----|
| W30 | 1.88 | ANGELA McKEE | ANZ Nationals 2005 | NZR |
| W35 | 1.40 | CATHERINE BACON | 15/11/09 | |
| W40 | 1.36 | ANNE GOULTER | | |
| W45 | 1.42 | COLLEEN MILLS | 1979 | NZR |
| W50 | 1.3 | COLLEEN MILLS | 1987 | |
| W55 | 1.21 | ANNE HUNTER | 2005 Worlds Spain | |
| W60 | 1.16 | ANNE DELEIROS | 1/2/09 | |
| W65 | 1.12 | MARGARET PETERS | 2001 | |
| W70 | 1.10 | MARGARET PETERS | 2005 TT2 | NZR |
| | 1.10 | MARGARET PETERS | 2006 Auck Champs | |
| W75 | 1.00 | MARGARET PETERS | 22/3/09 | |
| W80 | - | - | - | |

| LONG JUMP | | | | |
|-----------|------|---------------|-------------------|-----|
| W30 | 4.55 | L. HADDOCK | 1999 Auck Champs | |
| W35 | 4.83 | LORRAINE CATE | 1990 | |
| W40 | 4.90 | AVIS MCINTOSH | 1981 | |
| W45 | 4.94 | ANNE HUNTER | 1994 | NZR |
| W50 | 4.80 | ANNE HUNTER | 1998 | NZR |
| W55 | 4.20 | ANNE HUNTER | 2005 Worlds Spain | |
| W60 | 3.69 | ANNE DELEIROS | 18/1/09 | |
| W65 | 3.11 | WINI PEPENE | March 1996 | |
| W70 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

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| TRIPLE JUMP | | | | |
|-------------|-------|---------------|---------------------|----------|
| W30 | 11.77 | ANGELA McKEE | 12/28/2006 | |
| W35 | 9.80 | JOANNE OWEN | Akld Champs 14-2-10 | +0.9 m/s |
| W40 | 9.31 | ANNE HUNTER | 1993 | |
| W45 | 10.15 | ANNE HUNTER | 1998 | NZR |
| W50 | 9.85 | ANNE HUNTER | 1998 Aspac | NZR |
| W55 | 9.00 | ANNE HUNTER | 2003 | NZR |
| | 9.00 | ANNE HUNTER | 2004 TT1 | NZR |
| W60 | 8.27 | ANNE DELEIROS | WMG 17/10/09 | |
| W65 | 5.68 | WINI PEPENE | 2/25/1996 | |
| W70 | - | - | - | |

| POLE VAULT | | | | |
|------------|-----|-----------------|--------------|-----|
| W30 | - | - | - | |
| W35 | 3.9 | CASSANDRA KELLY | 13/7/1998 | |
| W55 | - | - | - | |
| W60 | 1.5 | WINI PEPENE | 1994 Oceania | NZR |
| W65 | - | - | - | |

| PENTATHLON | | | | |
|------------|------|----------------|---------------------|-----|
| W30 | 2405 | ANNE GOULTER | 1/03/1994 Nationals | |
| W35 | 3179 | MARGE ALLISON | 1981 | NZR |
| W40 | 2651 | JO HITCHINGS | 2002 Nationals | |
| W45 | 2913 | TUI RAMANUI | 1998 Oceania | |
| W50 | 3312 | COLLEEN MILLS | Date not given | NZR |
| W55 | 3241 | TUI ASHE | 2006 Oceania | |
| W60 | 2925 | WINI PEPENE | March 94 | |
| W65 | 2897 | WINI PEPENE | 1996 Nationals | |
| W70 | - | - | - | |
| W75 | 2323 | PAULINE PURSER | 2002 Winter Pen | |
| W80 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

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| WEIGHT PENTATHLON | | NEW EVENT 23/02/97 | | |
|----------------------|------|--------------------|------------------|-----|
| W30 | 2010 | ANNE GOULTER | 1996 Nationals | |
| W35 | 3884 | CHRISTINE MCCAHERN | 2002 Adelaide | |
| W40 | 3777 | CHRISTINE MCCAHERN | 2006 Nationals | NZR |
| W45 | 3040 | ANNE GOULTER | 12/10/2008 | |
| W50 | 2573 | VIVIENNE KEOHANE | 1999 | |
| W55 | 3583 | MIRIAM STANLEY | 1990 Oceania | |
| W60 | 3990 | MIRIAM STANLEY | 1994 | NZR |
| W65 | 3306 | WINI PEPENE | 1996 Nationals | |
| W70 | 3183 | HILARY WEEKS | Auck Champs 2007 | |
| W75 | 2323 | PAULINE PURSER | 2002 Winter Pen | |
| W80 | 2958 | PAULINE PURSER | 2004 Nationals | NZR |

| MARATHON | | | | |
|----------|---------|------------------|-------------------|-----|
| W30 | - | - | - | |
| W35 | 2.46.20 | MARION MACDONALD | 1990 Takanini | |
| W40 | 2.47.13 | NYLA CARROLL | 2008 Rotorua | |
| W45 | 2.45.37 | ROBIN HAMES | | |
| W50 | 3.20.05 | CRIS MALCOLMSON | 1999 Auckland | |
| W55 | 3.40.19 | JOAN CHEADLE | 1994 Rotorua | |
| W60 | 3.35.29 | ISOBEL FOLEY | 1997 Rotorua | |
| W65 | 3.49.06 | ISOBEL FOLEY | 2001 Rotorua | NZR |
| W70 | 4.42.49 | MARION GRIFFITH | 2006 New Plymouth | NZR |
| W75 | 6.43.00 | KAY KENNETH-LOW | 1992 Auckland | NZR |
| W80 | - | - | - | |

| 1/2 MARATHON | | | | |
|--------------|---------|-----------------|-------------------|-----|
| W30 | 1.28.19 | RONNIE COLE | 1998 Auckland | |
| W35 | 1.19.51 | GAIL REAR | 1996 Nelson | |
| W40 | 1.15.19 | NYLA CARROLL | 2008 Huntly | |
| W45 | 1.29.03 | JUDITH STEWART | 1998 Huntly | |
| W50 | 1.30.46 | AILSA SCOTTING | 1996 Nelson | |
| W55 | 1.35.47 | JUDITH STEWART | 2006 Oceania | NZR |
| W60 | 1.44.49 | ISOBEL FOLEY | 1998 Oceania | NZR |
| W65 | 2.21.17 | MARION GRIFFITH | 2004 Auck Masters | |
| W70 | 1.55.29 | ISOBEL FOLEY | 2004 Non Stadia | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 10K ROAD RACE | | | | |
|---------------|-------|---------------|-----------------|-----|
| W35 | 38.16 | KRISTINE REID | 3/6/2007 | |
| W40 | 43.22 | KAREN PETLEY | 2004 Non Stadia | NZR |
| W45 | - | - | - | |
| W50 | - | - | - | |
| W55 | 44.15 | JUDY STEWART | 2004 Non Stadia | NZR |

| 5K ROAD RACE | | | | |
|--------------|-------|-------------------|-------------------|--|
| W35 | 18.05 | GAIL REAR | 1997 Westport | |
| W40 | 18.21 | J. SMITH | 1993 Wellington | |
| W45 | 19.16 | CRIS MALCOLMSON | 1994 Taranaki | |
| W50 | 20.05 | JUDITH STEWART | 2001 Hamilton | |
| W55 | 21.05 | BILLIE O'HALLORAN | 1996 Christchurch | |
| W65 | 23.51 | ISOBEL FOLEY | 2001 Hamilton | |

| HEPATHLON | | | | |
|-----------|------|----------------|----------------------|--|
| W35 | 2943 | JO HITCHINGS | 2001 NZ Multi Events | |
| W50 | 2788 | HILDA DAVIDSON | 2000 NZ Multi Events | |

| 4x100m RELAY | | | | |
|--------------|-------|-----------------------------|-------------|--|
| W45 | 56.27 | Peters/Ramanui/Waring/Brown | 1997 Worlds | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| EVENT/AGE | RECORD | NAME | YEAR | |
|-----------|--------|------|------|--|
|-----------|--------|------|------|--|

| 60M | <i>(new record introduced 2008)</i> | | | Wind |
|------------|-------------------------------------|-----------------|------------|----------|
| M30 | | | | |
| M35 | 7.57 | CORNEY CARSTENS | 13/12/2009 | 2.0 m/s |
| M40 | 7.69 | JOHN CAMPBELL | 2/4/2008 | -0.3 m/s |
| M45 | 7.61 | JOHN CAMPBELL | 13/12/2009 | 2.0 m/s |
| M50 | | | | |
| M55 | | | | |
| M60 | 8.36 | TONY DELEIROS | 26/1/08 | -1.4 m/s |
| M65 | | | | |
| M70 | | | | |
| M75 | | | | |

| 100M | | | | |
|-------------|-------|-----------------|----------------------|------------|
| M30 | 11.59 | CORNEY CARSTENS | 2006 Nationals | |
| | 11.5h | CORNEY CARSTENS | Multi Events Day | 15/10/2006 |
| M35 | 11.3h | HOWARD ATKINSON | 1995 Akld Champs | |
| M40 | 11.7h | COLIN MAGUIRE | 1983 | |
| M45 | 11.88 | JOHN CAMPBELL | 15/11/09 | 1.0 m/s |
| M50 | 12.07 | DAVE ALCHIN | 1984 | |
| M55 | 12.8h | FRANK EVENS | 1982 | |
| M60 | 13.01 | TONY DELEIROS | 2007 Worlds Riccione | 0.1 m/s |
| M65 | 14.2h | TREVOR COWLEY | 2002 | |
| M70 | 14.8h | TREVOR COWLEY | 2005 Ak Champs | |
| M75 | 17.06 | RON JOHNSON | 2007 Worlds Riccione | |
| M80 | 17.5h | SYD TAYLOR | 1996 Ak Champs | |
| M85 | 19.46 | SYD TAYLOR | 2001 | NZR |
| M90 | 21.51 | SYD TAYLOR | 2006 Nationals | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 200M | | | | |
|-------------|-------|-----------------|----------------------|----------|
| M30 | 23.8h | CORNEY CARSTENS | 2006 TT3 | |
| M35 | 23.2h | HOWARD ATKINSON | 2/2/1997 | |
| M40 | 23.9h | COLIN MAGUIRE | 1983 | |
| M45 | 24.05 | DOUG BARRY | 1979 | |
| M50 | 25.28 | DOUG BARRY | 1981 | |
| M55 | 25.9h | TONY DELEIROS | TT1 2006 | |
| M60 | 25.94 | TONY DELEIROS | 2007 Worlds Riccione | -0.8 m/s |
| M65 | 29.7h | TREVOR COWLEY | 2000 Sth Pacific | |
| M70 | 31.5h | TREVOR COWLEY | 2005 Akld Champs | |
| M75 | 35.2h | SYD TAYLOR | 1991 | |
| M80 | 36.8h | SYD TAYLOR | 25/2/1996 | |
| M85 | 40.21 | SYD TAYLOR | 2001 | NZR |
| M90 | 52.38 | SYD TAYLOR | 2006 Nationals | NZR |

| 400M | | | | |
|-------------|---------|-----------------|------------------|-----------|
| M35 | 53.01 | RON SEWELL | 1981 | |
| M40 | 52.8h | COLIN MAGUIRE | 1982 | |
| M45 | 55.9h | PETER PHILPOTTS | 1980 | |
| M50 | 56.17 | FRANK EVENS | 1979 | |
| M55 | 56.7h | FRANK EVENS | 1981 | |
| M60 | 58.11 | FRANK EVENS | 1985 Worlds Rome | Former WR |
| M65 | 61.75 | FRANK EVENS | 1990 Oceania | NZR |
| M70 | 71.76 | RON JOHNSON | 2003 Nationals | |
| M75 | 82.02 | HECTOR MEIN | 2006 Oceania | |
| M80 | 97.7h | SYD TAYLOR | 25/2/1996 | |
| M85 | 1.50.89 | SYD TAYLOR | 2002 Nationals | NZR |

| 800M | | | | |
|-------------|---------|----------------|------------------|-----|
| M35 | 2.06.00 | DAVID DRUMMOND | 2000 | |
| M40 | 2.00.01 | DAVE SIRL | 1985 | |
| M45 | 1.58.42 | DAVE SIRL | 1987 | NZR |
| M50 | 2.05.00 | BILL BAILLIE | 1984 | |
| M55 | 2.08.00 | FRANK EVENS | 1981 | |
| M60 | 2.14.02 | FRANK EVENS | 1985 Worlds Rome | |
| M65 | 2.25.72 | FRANK EVENS | 1990 Oceania | |
| M70 | 2.49.96 | HUGH CLARK | 1993 | |
| M75 | 3.12.98 | HECTOR MEIN | 2006 Oceania | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 1500M | | | | |
|--------------|---------|----------------|----------------------|-----------|
| M35 | 4.13.31 | DAVE DRUMMOND | 2002 Oceania | |
| M40 | 4.04.70 | DAVE SIRL | 1985 | |
| M45 | 4.01.47 | DAVE SIRL | 1987 | |
| M50 | 4.12.50 | BILL BAILLIE | 1984 | |
| M55 | 4.32.47 | ALAN GALBRAITH | 2001 Worlds Brisbane | 13/7/2001 |
| M60 | 4.47.89 | ALAN GALBRAITH | 2005 Nationals | |
| M65 | 5.07.60 | RICHARD CHASE | 2000 | |
| M70 | 5.42.8 | HUGH CLARK | 1992 Nationals | |
| M75 | 6.39.70 | JIM JAMIESON | 1984 | |
| M80 | 8.09.22 | JIM JAMIESON | 1989 | |
| M85 | - | - | - | |

| ONE MILE | | | | |
|-----------------|---------|-------------|---------------|----|
| M40 | 4.18.8 | ROD DIXON | 1990 Papakura | |
| M45 | 4.16.75 | DAVE SIRL | 6/12/1987 | WR |
| M50 | 4.39.2 | JOHN DAVIES | 1990 Papakura | |

| 3000M | | | | |
|--------------|----------|----------------|----------|-----|
| M35 | 9.20.88 | DAVE DRUMMOND | | |
| M40 | 8.45.8 | TED McLACHLAN | 1996 TT3 | |
| M45 | 9.33 | MURRAY NELSON | | |
| M50 | 10 | ALAN GALBRAITH | 1998-9 | |
| M55 | 10.18.36 | ALAN GALBRAITH | 2001 TT2 | |
| M60 | 10.22 | DICK CHASE | | |
| M65 | 10.34 | DICK CHASE | 1998-9 | |
| M70 | 11.39.19 | LEONARD WIGHAM | | NZR |
| M75 | 14.26.6 | HECTOR MEIN | 2006 TT3 | |
| M80 | - | - | - | |
| M85 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 5000M | | | | |
|--------------|----------|----------------|-----------------------|--|
| M35 | 15.32.80 | JOHN SHARP | 1989 | |
| M40 | 15.00.40 | REG HOUSE | 1986 | |
| M45 | 15.38.15 | FRED SMITH | 1987 | |
| M50 | 15.37.70 | BARRY MAGEE | 1984 | |
| M55 | 16.56.30 | BARRY MAGEE | 1990 Oceania | |
| M60 | 16.56.62 | ALAN GALBRAITH | 2005 Nationals | |
| M65 | 18:44.76 | ALAN GALBRAITH | Akld Champs - 14/2/10 | |
| M70 | 19.37.11 | WIN NELMES | 1998 | |
| M75 | 22.45.00 | WIN NELMES | 1990 | |
| M80 | - | - | - | |

| 10000M | | | | |
|---------------|----------|----------------|------------------|--|
| M35 | 34.46.30 | PAT BRADLEY | 1979 | |
| M40 | 31.23.10 | PAUL SUMPTER | 1987 | |
| M45 | 31.57.38 | FRED SMITH | 1987 | |
| M50 | 33.08.60 | BARRY MAGEE | 1984 | |
| M55 | 35.35.33 | ALAN GALBRAITH | 2001 Auck Champs | |
| M60 | 39.48.00 | GEORGE PEARCE | 1993 | |
| M65 | 40.26.90 | LEONARD WIGHAM | 2000 | |
| M70 | 41.04.97 | LEONARD WIGHAM | 2002 | |
| M75 | 50.35.00 | JIM JAMIESON | 1984 | |
| M80 | - | - | - | |

| 1 MILE WALK | | | | |
|--------------------|---------|---------------|-----------|--|
| M35 | 7.36.6 | KEVIN BURGE | 26/2/1996 | |
| M40 | 7.03.0 | KEVIN HENWOOD | 1989 | |
| M45 | 6.56.2 | MORRIE HINTON | 1982 | |
| M50 | 6.57.7 | GARY LITTLE | 25/2/1996 | |
| M55 | 7.49.8 | MORRIE HINTON | 1991 | |
| M60 | 9.23.1 | OWEN MILDON | 1993 | |
| M65 | 9.45.7 | KEITH SANDERS | 1993 | |
| M70 | 10.07.5 | KEITH SANDERS | 26/2/1995 | |
| M75 | 9.38.0 | JIM JAMIESON | 1992 | |
| M80 | 14.44.8 | JIM JAMIESON | 1992 | |
| M85 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

3000M TRACK WALK

| | | | | |
|-----|----------|----------------|----------------|-----|
| M35 | | KEVIN TAYLOR | 1986 | |
| M40 | 13.48.3 | MAURICE HINTON | 1979 | |
| M45 | 12.05.5 | GARY LITTLE | 1991 Auckland | WR |
| M50 | 12.17.25 | GARY LITTLE | 1993 Auckland | WR |
| M55 | 13.00.0 | GARY LITTLE | 29/11/1997 | NZR |
| M60 | 13.58.13 | GARY LITTLE | 2004 Nationals | WR |
| M65 | 15.59.20 | MAURICE HINTON | 2001 | NZR |
| M70 | 20.44.1 | JIM JAMIESON | 1983 | |
| M75 | 21.36.7 | JIM JAMIESON | 1984 | |
| M80 | 23.50.0 | JIM JAMIESON | 1989 | |
| M85 | - | - | - | |

5000M TRACK WALK

| | | | | |
|-----|----------|----------------|---------------|-----|
| M35 | 23.12.58 | KEVIN TAYLOR | 1990 | |
| M40 | 24.33.64 | JEVIN HENWOOD | 1990 | |
| M45 | 20.54.4 | GARY LITTLE | 1991 Auckland | WR |
| M50 | 21.01 | GARY LITTLE | 16/2/1992 | WR |
| M55 | 22.14.93 | GARY LITTLE | 19/1/1998 | NZR |
| M60 | 23.39.8 | GARY LITTLE | 10/9/2002 | WR |
| M65 | 28.06.26 | MAURICE HINTON | 2001 | NZR |
| M70 | - | - | - | |
| M75 | 38.36.00 | ARTHER PAUL | 1990 | |
| M80 | 45.44.00 | JIM JAMIESON | 1990 Oceania | |
| M85 | - | - | - | |

10000M TRACK WALK

| | | | | |
|-----|----------|-------------|-----------|-----|
| M50 | 43.48.85 | GARY LITTLE | 1992 | NZR |
| M60 | 49.22.70 | GARY LITTLE | 2002 Auck | NZR |

15000M TRACK WALK

| | | | | |
|-----|-----------|-------------|------|--|
| M50 | 1.07.48.7 | GARY LITTLE | 1992 | |
|-----|-----------|-------------|------|--|

20000M TRACK WALK

| | | | | |
|-----|-----------|-------------|------|-----|
| M45 | 1.29.18 | GARY LITTLE | 1991 | NZR |
| M60 | 1.49.37.1 | GARY LITTLE | 2004 | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

25000M TRACK WALK

| | | | | |
|-----|-----------|-------------|------|--|
| M50 | 1.56.10.5 | GARY LITTLE | 1993 | |
|-----|-----------|-------------|------|--|

30000M TRACK WALK

| | | | | |
|-----|---------|-------------|----------------|----|
| M45 | 2.18.41 | GARY LITTLE | 1991 Napier | WR |
| M50 | | GARY LITTLE | 1992 Cambridge | WR |

2 MILE TRACK WALK

| | | | | |
|-----|----------|-------------|------|--|
| M45 | 13.21.7 | GARY LITTLE | 1991 | |
| M50 | 12.57.73 | GARY LITTLE | 1992 | |

10KM ROAD WALK

| | | | | |
|-----|---------|---------------|-------------------|-----|
| M35 | 48.44.8 | KEVIN TAYLOR | 1986 | |
| M40 | 44.39.9 | MORRIE HINTON | 1980 | NZR |
| M45 | 43.43.6 | GARY LITTLE | 1991 | NZR |
| M50 | 42.2 | GARY LITTLE | 1992 Christchurch | WR |
| M55 | 45.25 | GARY LITTLE | 11/10/1997 | NZR |
| M60 | 19.01 | GARY LITTLE | 2004 Nationals | WR |
| M65 | 57.25 | MORRIE HINTON | 2001 Auck Vets | NZR |
| M70 | 1.01.15 | MORRIE HINTON | 2005 Oceania | |
| M75 | 74.25 | JIM JAMIESON | 1984 | |
| M80 | 90.43 | JIM JAMIESON | 1991 | |
| M85 | - | - | - | |

15KM ROAD WALK

| | | | | |
|-----|---------|-------------|------------|-----|
| M45 | 1.05.00 | GARY LITTLE | 1991 | NZR |
| M50 | 1.04.18 | GARY LITTLE | 16/2/1992 | NZR |
| M55 | 1.09.25 | GARY LITTLE | 11/10/1997 | NZR |
| M60 | 1.18.42 | GARY LITTLE | 18/6/2005 | NZR |

20KM ROAD WALK

| | | | | |
|-----|---------|---------------|------------|-----|
| M45 | 1.28.32 | GARY LITTLE | 12/10/1991 | NZR |
| M50 | 1.26.32 | GARY LITTLE | 16/2/1992 | NZR |
| M55 | 1.36.10 | GARY LITTLE | 9/9/1997 | WR |
| M60 | 1.52.02 | GARY LITTLE | 2003 | NZR |
| M65 | 2.03.03 | MORRIE HINTON | 2001 | NZR |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| 25KM ROAD WALK | | | | |
|----------------|---------|---------------|------------|-----|
| M45 | 1.52.10 | GARY LITTLE | 12/10/1991 | NZR |
| M50 | 1.53.55 | GARY LITTLE | 10/10/1992 | NZR |
| M55 | 2.11.44 | GARY LITTLE | 9/11/1997 | NZR |
| M65 | 2.56.04 | DUDLEY HARRIS | 1992 | NZR |

| 30KM ROAD WALK | | | | |
|----------------|---------|---------------|------------|-----|
| M45 | 2.18.41 | GARY LITTLE | 1991 | NZR |
| M50 | 2.18.14 | GARY LITTLE | 1992 | NZR |
| M55 | 2.32.43 | GARY LITTLE | 1998 Japan | NZR |
| M60 | 2.53.17 | GARY LITTLE | 2003 | NZR |
| M65 | 3.32.38 | DUDLEY HARRIS | 1992 | |

| 50KM ROAD WALK | | | | |
|----------------|-----------|---------------|----------------|-----|
| M45 | 4.39.27 | GARY LITTLE | 2/6/1991 | NZR |
| M50 | 4.16.36.4 | GARY LITTLE | 1992 | NZR |
| M55 | 4.49.36 | GARY LITTLE | 9/1/1997 | NZR |
| M60 | 5.25.44 | GARY LITTLE | 2003 | NZR |
| M65 | 5.52.58.0 | DUDLEY HARRIS | 1991 | NZR |
| M70 | 6.56.47 | DUDLEY HARRIS | 1998 Melbourne | |

| 2000M STEEPLES | | | | |
|----------------|----------|--------------|----------------------|------|
| M60 | 8.00.10 | MIKE BRUNT | 2000 | |
| M65 | 8.29.29 | RON JOHNSON | 1997 Worlds | |
| M70 | 8.59.48 | JOE JONES | 1994 Worlds Brisbane | |
| M75 | 9.57.89 | HECTOR MEIN | 2006 Oceania | WSAR |
| M80 | 11.48.22 | JIM JAMIESON | 1992 | NZR |
| M85 | - | - | - | |

| 3000M STEEPLES | | | | |
|----------------|----------|------------------|----------------|-----|
| M35 | 10.33.02 | DAVE DRUMMOND | 2003 Nationals | |
| M40 | 9.37.59 | BARRY COOPER | 1987 | |
| M45 | 10.32.50 | BILL RODGER | 1979 | |
| M50 | 11.12.83 | NORRIS WYATT | 1994 | |
| M55 | 11.53.25 | NORRIS WYATT | 1998 | |
| M60 | 13.21.10 | WALLACE OPPERMAN | 1986 | NZR |
| M65 | - | - | - | |
| M70 | 15.09.75 | JIM JAMIESON | 1981 | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

80M HURDLES

| | | | | |
|-----|-------|--------------|----------------|-----|
| M50 | 12.69 | ROY WILLIAMS | 1986 | NZR |
| M55 | - | - | - | |
| M60 | 16.74 | VINCE HARRIS | 1993 | |
| M65 | - | - | - | |
| M70 | 18.32 | RON JOHNSON | 2006 Nationals | |
| M75 | 20.8 | HECTOR MEIN | 2006 Nationals | NZR |

100M HURDLES

| | | | | |
|-----|-------|---------------|----------------------|-----|
| M40 | 14.39 | R JENKINS | 1988 | |
| M45 | 19.78 | ALLEN SMITH | 1996 | |
| M50 | 19.0h | ROY PETRIE | 1994 | |
| M55 | 17.2 | JAN SPEERSTRA | 1988 | |
| M60 | 19.35 | ROY PETRIE | 2001 Worlds Brisbane | |
| M65 | 21.32 | RON JOHNSON | 1999 Aust Champs | |
| M70 | - | - | - | |
| M75 | 19.12 | RON JOHNSON | 2007 Worlds Riccione | NZR |

110M HURDLES

| | | | | |
|-----|-------|---------------|------|-----|
| M35 | 17.65 | BRENT BOOKER | 2005 | NZR |
| M40 | 19.6 | NIGEL TOY | 1985 | |
| M45 | 20.4 | EARL CROWLEY | 2002 | |
| M50 | 19.23 | JAN SPEERSTRA | 1980 | NZR |

200M HURDLES

| | | | | |
|-----|-------|----------------|-----------|--|
| M35 | 32.2h | NEIL BARTLETT | 23/2/1997 | |
| M40 | 37.9h | PETER FENEMORE | 23/2/1997 | |
| M45 | 36.8h | GLENN OWENS | 23/2/1997 | |
| M50 | - | - | - | |
| M55 | - | - | - | |
| M60 | 39.0h | RON JOHNSON | 23/2/1997 | |
| M65 | - | - | - | |
| M70 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

300M HURDLES

| | | | | |
|-----|-------|---------------|----------------------|-----|
| M45 | 51.4 | NIGEL TOY | 1989 | |
| M50 | 56.99 | JOHN PENNY | 1989 | |
| M55 | 54.5 | JAN SPEERSTRA | 1988 | |
| M60 | 52.16 | ROY PETRIE | 2001 Worlds Brisbane | |
| M65 | 55.37 | RON JOHNSON | 1998 Oceania | |
| M70 | 60.18 | RON JOHNSON | 2004 Nationals | |
| M75 | 69.62 | HECTOR MEIN | 2006 Nationals | NZR |

400M HURDLES

| | | | | |
|-----|-------|-----------------|------|-----|
| M35 | 66.49 | NEIL BARTLETT | 1996 | |
| M40 | 62.0h | JOHN REDWOOD | 1984 | |
| M45 | 63.54 | PETER PHILPOTTS | 1981 | |
| M50 | 63.0h | JAN SPEERSTRA | 1981 | NZR |
| M55 | 66.4h | JAN SPEERSTRA | 1985 | |
| M60 | 88.83 | HUGH CLARK | 1983 | |
| M65 | - | - | - | |

SHOT

| | | | | |
|-----|-------|----------------|------------------|------------|
| M30 | 8.64 | DEWALD IMMINK | Multi Events Day | 15/10/2006 |
| M35 | 12.25 | DEON WAGNER | 2004 | |
| M40 | 14.43 | LES MILLS | 1975 | |
| M45 | 11.06 | PETER BLUCHER | NI CHAMPS | 28/11/09 |
| M50 | 12.97 | CES SCOTT | 1983 | |
| M55 | 13.38 | ARTHUR HUSBAND | 1979 | |
| M60 | 14.62 | ARTHUR HUSBAND | 1982 Oceania | |
| M65 | 11.48 | ARTHUR HUSBAND | 1987 | |
| M70 | 12.08 | SAM JOHNSON | 1993 | NZR |
| M75 | 9.34 | CLAUDE CLEGG | 1989 | |
| M80 | 7.91 | LAURIE CARTER | 25/2/2007 | |
| M85 | 4.53 | SYD TAYLOR | 2005AkChamps | |
| M90 | 3.87 | SYD TAYLOR | 2006 TT3 | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| DISCUS | | | | |
|---------------|-------|-----------------|----------------------|------------|
| M30 | 29.95 | VAUGHAN HIBBERT | Multi Events Day | 15/10/2006 |
| M35 | 41.51 | DEON WAGNER | | |
| M40 | 43.44 | ROY WILLIAMS | 1975 | NZR |
| M45 | 43.12 | ROY WILLIAMS | 1981 | NZR |
| M50 | 44.2 | ROY WILLIAMS | 1986 | |
| M55 | 39.46 | STUART WILLIAMS | 2001 | |
| M60 | 42.34 | SAM JOHNSON | 1984 | |
| M65 | 39.64 | SAM JOHNSON | 1990 Oceania | |
| M70 | 38.2 | SAM JOHNSON | 1992 Oceania | NZR |
| M75 | 29.66 | RON JOHNSON | 2007 Worlds Riccione | |
| M80 | 20.52 | LAURIE CARTER | 2005 Gideon Tait | |
| M85 | 12.02 | SYD TAYLOR | 2004 TT1 | |

| HAMMER | | | | |
|---------------|-------|----------------|------------------|-----|
| M35 | 48.62 | MARK CUMMING | 2002 Winter Pen | NZR |
| M40 | 48.73 | MARK CUMMING | 2002 | NZR |
| M45 | 50.77 | MARK CUMMING | WMG 17/10/09 | NZR |
| M50 | 43.52 | SAM JOHNSON | 1975 | |
| M55 | 36.34 | CHRIS THOMPSON | 29/2/2008 | |
| M60 | 43.58 | MAX CARR | 1985 | |
| M65 | 45.7 | MAX CARR | 1987 | |
| M70 | 44.44 | MAX CARR | 1993 | NZR |
| M75 | 37.4 | MAX CARR | 1997 Worlds | NZR |
| M80 | 24.46 | LAURIE CARTER | TT2 2007 | |
| M85 | 11.93 | SYD TAYLOR | 2005 Gideon Tait | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

| JAVELIN | | | | |
|----------------|-------|---------------|------------------|-----|
| M30 | 27.42 | DEWALD IMMINK | Multi Events Day | |
| M35 | 42.75 | KEITH ADAMS | 1982 | |
| M40 | 64.65 | DARYL BRAND | 9/2/08 | NZR |
| M45 | 40.75 | MURRAY FREE | 4/10/08 | |
| M50 | 40.52 | ROY WILLIAMS | 1986 | |
| M55 | 34.15 | NEIL DRUMMOND | 2002 Nationals | |
| M60 | 38.22 | SAM JOHNSON | 1983 | |
| M65 | 36.91 | RON JOHNSON | 2000 Oceania | |
| M70 | 39.95 | RON JOHNSON | 2003 Worlds | NZR |
| M75 | 31.14 | CLAUDE CLEGG | 1990 Oceania | |
| M80 | 16.98 | LAURIE CARTER | TT2 2007 | |
| M85 | 9.06 | SYD TAYLOR | 2002 | |

| WEIGHT | | | | |
|---------------|-------|---------------|------------------|-----|
| M35 | 15.01 | MARK CUMMING | 2001 | |
| M40 | 16.14 | MARK CUMMING | 2006 Gideon Tait | NZR |
| M45 | 15.49 | MARK CUMMING | WMG 17/10/09 | NZR |
| M50 | 13.64 | HANS BARNARD | 2009 Nationals | |
| M55 | 13.12 | JOLS POLS | 2005 Nationals | |
| M60 | 13.17 | CES SCOTT | 1993 Nationals | |
| M65 | 14.3 | MAX CARR | 13/3/1992 | |
| M70 | 17.72 | MAX CARR | 1994 Nationals | |
| M75 | 10.99 | LAURIE CARTER | 2002 | |
| M80 | 10.74 | LAURIE CARTER | 2005 TT2 | |

| HIGH JUMP | | | | |
|------------------|------|------------------|------------------|-----|
| M35 | 1.9 | PETER GALLIVEN | 2006 NZ Masters | NZR |
| M40 | 1.85 | ROGER WESTBURY | 30/3/2008 | |
| M45 | 1.63 | DAVID LEDGER | 15/11/09 | |
| M50 | 1.55 | ROY WILLIAMS | 1986 | |
| M55 | 1.48 | HANK VAN TWUIVER | 1987 | |
| | 1.48 | HANK VAN TWUIVER | 1998 Oceania | |
| M60 | 1.32 | HANK VAN TWUIVER | 2003 | |
| M65 | 1.32 | RON JOHNSON | 2001 Aust Champs | |
| M70 | 1.25 | RON JOHNSON | Aspac | |
| M75 | 1.15 | HECTOR MEIN | Auck Champs 2007 | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

LONG JUMP

| | | | | |
|-----|------|-----------------|----------------|-----|
| M30 | 5.08 | CORNEY CARSTENS | 2006 Nationals | |
| M35 | 6.19 | JIM MUNNS | 1979 | |
| M40 | 6.81 | ROY WILLIAMS | 1975 | NZR |
| M45 | 6.46 | ROY WILLIAMS | 1981 | NZR |
| M50 | 5.6 | ROY WILLIAMS | 1986 | |
| M55 | 4.81 | ROY PETRIE | 23/2/1997 | |
| M60 | 4.78 | ROY PETRIE | 1/12/2000 | |
| M65 | 4.35 | RON JOHNSON | 1997 Nationals | NZR |
| M70 | 4.02 | SYD TAYLOR | 1986 | |
| M75 | 3.57 | HECTOR MEIN | 2006 Nationals | NZR |
| M80 | 2.94 | SYD TAYLOR | 1996 | NZR |
| M85 | 2.1 | SYD TAYLOR | 2004 Nationals | NZR |

TRIPLE JUMP

| | | | | |
|-----|-------|---------------|----------------|-----|
| M35 | 13.55 | BRENT BOOKER | 2005 | NZR |
| M40 | 12.31 | KEVIN TODD | 1990 | |
| M45 | 11.27 | STEVE PRIEST | 2/3/1997 | |
| M50 | 11.02 | LANCE SMITH | 1994 Oceania | |
| M55 | 10.6 | LANCE SMITH | 1998 | |
| M60 | 8.99 | TREVOR COWLEY | 26/2/1995 | |
| M65 | 8.73 | TREVOR COWLEY | 2000 | |
| M70 | 8.36 | RON JOHNSON | 2003 Nationals | |
| M75 | 7.04 | RON JOHNSON | 7/3/09 | |
| M80 | - | - | - | |

POLE VAULT

| | | | | |
|-----|------|------------------|----------------------|-----|
| M35 | 3.9 | BRENT BOOKER | | |
| M40 | 3.01 | TIM FROST | 1986 | |
| M45 | 3.02 | PETER PHILPOTTS | 1981 | |
| M50 | 3.21 | ROY WILLIAMS | 1986 | |
| M55 | 2.4 | JOLS POLS | 2005 TT2 | |
| M60 | 2.4 | RON JOHNSON | 1994 Nationals | |
| M65 | 2.5 | RON JOHNSON | 2001 | NZR |
| M70 | 2.2 | RON JOHNSON | June 2005 | |
| M75 | 2.1 | RON JOHNSON | 2007 Worlds Riccione | NZR |
| M80 | 1.45 | WALLACE OPPERMAN | 2006 Oceania | NZR |
| M85 | - | - | - | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

PENTATHLON

| | | | | |
|-----|------|---------------|--------------|-----|
| M35 | 2418 | NEIL BARTLETT | 23/2/1997 | |
| M40 | 2847 | ROBERT PURDIE | 1994 | |
| M45 | 4156 | ROY WILLIAMS | 1981 | NZR |
| M50 | 3945 | ROY WILLIAMS | 1986 | NZR |
| M55 | 2568 | TREVOR COWLEY | 1994 | |
| M60 | 3304 | RON JOHNSON | 1995 | |
| M65 | 3693 | RON JOHNSON | 1997 | NZR |
| M70 | 3560 | RON JOHNSON | 2002 | NZR |
| M75 | 3029 | HECTOR MEIN | 2006 Oceania | NZR |
| M80 | 802 | SYD TAYLOR | 1996 | |

DECATHLON

| | | | | |
|-----|------|--------------|----------------------|-----|
| M35 | 5704 | BRENT BOOKER | 2005 Com. Events | NZR |
| M40 | 6110 | ROY WILLIAMS | 1975 | |
| M45 | 7870 | ROY WILLIAMS | 1980 | NZR |
| M50 | 4809 | LANCE SMITH | 1995 Hastings | |
| M55 | 4016 | JOLS POLS | NZ Masters Comb | |
| M60 | 6246 | RON JOHNSON | 1997 Worlds | |
| M65 | 7114 | RON JOHNSON | 2001 | NZR |
| M70 | 6128 | RON JOHNSON | 2004 | NZR |
| M75 | 6439 | RON JOHNSON | 2007 Worlds Riccione | |

WEIGHT PENTATHLON

| | | | | |
|-----|------|---------------|-------------------|-----|
| M35 | 2793 | DEON WAGNER | 2005 Worlds Spain | |
| M40 | 3100 | MARK CUMMING | 2002 Adelaide | NZR |
| M45 | 3285 | MARK CUMMING | WMG 17/10/09 | |
| M50 | 3400 | NIGEL TOY | 1993 Nationals | |
| M55 | 2942 | JOLS POLS | 2005 Nationals | |
| M60 | 3206 | CES SCOTT | 1993 Nationals | |
| M65 | 3948 | SAM JOHNSON | 1990 Oceania | |
| M70 | 4356 | SAM JOHNSON | 1992 Oceania | NZR |
| | 4356 | SAM JOHNSON | 1993 Nationals | |
| M75 | 3346 | MAX CARR | 1997 Worlds | |
| M80 | 3140 | LAURIE CARTER | 25/2/2007 | |

AUCKLAND MASTERS ATHLETICS

Records as at January 2010

HALF MARATHON

| | | | | |
|-----|---------|-----------------|-----------------|-----|
| M30 | - | - | - | |
| M35 | 1.16.14 | HANS OBERST | 1994 Auck Vets | NZR |
| M40 | 1.08.34 | KERRY RODGER | 2004 Non Stadia | |
| M45 | 1.11.34 | KEVIN HAMILTON | 1993 Papakura | |
| M50 | 1.14.08 | CLIVE HENDERSON | 1996 Huntly | NZR |
| M55 | 1.16.21 | CLIVE HENDERSON | 1999 Auckland | |
| M60 | 1.17.53 | CLIVE HENDERSON | 2003 Huntly | NZR |
| M65 | 1.23.27 | LEN WIGHAM | 2004 Non Stadia | NZR |
| M70 | 1.35.18 | P.DAVIS | 1996 Auck Vets | |
| M75 | 1.27.51 | IAN MALLOWES | 2004 Non Stadia | NZR |

MARATHON

| | | | | |
|-----|---------|-----------------|-----------------|--|
| M30 | - | - | - | |
| M35 | 2.58.27 | DAVE DRUMMOND | 2004 Non Stadia | |
| M40 | 2.30.44 | EUAN ROBERTSON | 1992 Auckland | |
| M45 | 2.32.05 | KEVIN HAMILTON | 1994 Rotorua | |
| M50 | 2.41.09 | KEVIN HAMILTON | 1997 Rotorua | |
| M55 | 3.04.42 | GARY RETIGEN | 1994 Auckland | |
| M60 | 2.47.40 | CLIVE HENDERSON | 2002 Melbourne | |
| M65 | 3.22.09 | PETER DAVIS | 1992 Auckland | |
| M70 | 3.48.12 | LES HALL | 1992 Auckland | |

10K ROAD RACE

| | | | | |
|-----|-------|-----------------|-----------------------|--|
| M35 | 34.02 | DAVE DRUMMOND | 2002 Sir Barry Curtis | |
| M40 | 30.45 | KERRY RODGER | 2004 Non Stadia | |
| M45 | 32.11 | DAVE SIRL | 1991 Napier | |
| M50 | 33.53 | FRED SMITH | 1992 Cambridge | |
| M55 | 34.06 | CLIVE HENDERSON | 1998 Wanganui | |
| M60 | 35.53 | ALAN GALBRAITH | 2004 Non Stadia | |
| M65 | 40.02 | LEN WIGHAM | 1999 Auckland | |
| M70 | 40.28 | LEN WIGHAM | 2001 Hamilton | |
| M75 | 59.06 | JOE JONES | 1999 Auckland | |