

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

EVENT/AGE	RECORD	NAME	YEAR	
<b>60M</b>		<i>(new record introduced 2008)</i>		Wind
W30				
W35	8.91	JOANNE OWEN	24-1-10	0.1
W40				
W45				
W50				
W55	9.62	ANNE DELEIROS	26/1/2008	0.6 m/s
W60				
W65	9.52	CHRIS WARING	Nth Islands 28-11-09	-0.4 m/s
W70				
W75				

<b>100M</b>				
W30	13.4	ANNE GOULTER	1/07/1994 Oceania	
W35	12.84	MARGARET YATES	1981	
W40	12.88	AVIS MCINTOSH	1981	
W45	12.71	COLLEEN MILLS	1979	NZR
W50	13.21	WENDY BROWN	2001 Worlds Aust	NZR
W55	14.2	CHRIS WARING	15/3/2002	
W60	14.4h	MARGARET PETERS	Feb-95	
	14.49	MARGARET PETERS	1994 Nationals	
W65	14.94	MARGARET PETERS	1999 Worlds England	1.1 m/s
W70	15.16	MARGARET PETERS	21/3/2004	WR
W75	16.03	MARGARET PETERS	WMG 2009	NZR
W80	32.9	PAULINE PURSER	2003 Auck Champs	

<b>200M</b>				
W30	28.26	ANNE GOULTER	1993	
W35	26.92	MARGE ALLISON	1981	
W40	28.02	CHRIS WARING	1984	
W45	26.22	COLLEEN MILLS	1979	NZR
W50	27.37	WENDY BROWN	2001 Worlds Aust	
W55	29.52	MARGARET PETERS	1989	
W60	30.1	MARGARET PETERS	1994 Nationals	NZR
W65	31.00	MARGARET PETERS	1999 Worlds England	NZR
W70	31.45	MARGARET PETERS	21/3/2004	WR
W75	34.55	MARGARET PETERS	3/8/2009	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>400M</b>				
W30	65.2	R RODGER	1987	
W35	59.3	ADRIENNE CRANSHAW	1984	
W40	58.9h	COLLEEN MILLS	1975	NZR
W45	59.68	COLLEEN MILLS	1981	NZR
W50	66.8h	TUI RAMANUI	2000	
W55	68.8	CHRIS WARING	1999	
W60	72.55	CHRIS WARING	2005 Worlds Spain	NZR
W65	75.45	MARGARET PETERS	1999 Worlds England	NZR
W70	1.20.12	MARGARET PETERS	2005 Worlds Spain	NZR
W75	1.59.5	KAY KENNETH-LOW	1990	NZR
W80	-	-	-	

<b>800M</b>				
W30	2.23.80	JENNY DRUMMOND	Mar-97	
W35	2.18.65	CHRISTINE BRACE-HEAVEN	1999 Worlds England	
W40	2.19.60	VAL ROBINSON	1981	
W45	2.34.40	TUI RAMANUI	3/2/1997	
W50	2.40.56	JUNE CRISP	1983	
W55	2.51.8	TUI ASHE	Hamilton 11/11/07	
W60	3:16.47	JUDITH STEWART	24-1-10	
W65	4.41.76	PAM SPIERS	1990 Oceania	
W70	3.53.0	ISOBEL FOLEY	2005 AK Champs	
W75	4.28.21	KAY KENNETH-LOW	1993	
W80	-	-	-	

<b>1500M</b>				
W30	4.56.10	JENNY DRUMMOND	2/24/1997	
W35	4.46.44	CHRISTINE BRACE-HEAVEN	1999 Worlds England	
W40	4.46.10	VAL ROBINSON	1981	
W45	4.36.58	HEATHER MATTHEWS	1992	Former WR
W50	5.21.10	JUDITH STEWART	2000	
W55	5.52.23	JUDITH STEWART	Auck Champs 2007	
W60	6.02.14	JUDITH STEWART	7/3/09	
W65	6.37.70	ISABEL FOLEY	2000	
W70	8.15.22	KAY KENNETH-LOW	Jun-05	1986
W75	8.54.40	KAY KENNETH-LOW	1990 Oceania	NZR
W80	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>3000M</b>				
W30	11.25.8	HELEN GAETA	1982	
W35	11.04.8	KRISTINE REID	2005 Gideon Tait	
W40	10.55	LOIS GRIMMER	1994	
W45	9.47.47	HEATHER MATTHEWS	1992	NZR
W50	11.54	JUDY STEWART	1998-9	
W55	12.31	JUDY STEWART	2006 TT1	
W60	12:49.24	JUDY STEWART	24-1-10	
W65	19.07.50	KAY KENNETH-LOW	1984	
W70	18.41.50	AILSA FORBES	1982	
W75	-	-	-	
W80	-	-	-	

<b>5000M</b>				
W30	19.02.70	RONNIE COLE	3/2/1997	
W35	17.18.30	MARION MACDONALD	1990	
W40	17.26.3	NYLA CARROLL	9/02/2008	
W45	18.48.47	JUDY STEWART	1998	
W50	20.18.06	JUDY STEWART	2002	
W55	20.31.79	JUDY STEWART	Auck Champs 2007	
W60	21.54.80	JUDY STEWART	1/2/09	
W65	23.13.21	ISABEL FOLEY	2001	NZR
W70	24.48.27	ISABEL FOLEY	2004 Nationals	NZR
W75	31.55.7	AILSA FORBES	1986	NZR
W80	-	-	-	

<b>10000M</b>				
W30	38.25.50	RONNIE COLE	3/2/1997	
W35	38.24.42	JENNY SMITH	1988	
W40	36.11.19	NYLA CARROLL	Auck Champs 2007	
W45	40.17.30	JUDITH STEWART	3/2/1997	
W50	40.48.60	JUDITH STEWART	2000 Nationals	
W55	43.05.65	JUDITH STEWART	Auck Champs 2007	
W60	44.07.00	JUDITH STEWART	12/10/2008	
W65	47.58.01	ISOBEL FOLEY	2001	NZR
W70	59.20.61	AILSA FORBES	1981	
W75	67.24.35	AILSA FORBES	1986	NZR
W80	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

1 MILE				
W35	5.07.5	MARION MACDONALD	1990 Papakura	
W40	5.21.29	CHRISTINE MUNRO	1991 Papakura	
W45	5.02.31	HEATHER MATTHEWS	1991 Papakura	Former WR
W55	6.19.19	JUDY STEWART	2007	
W60	6.43.20	ISOBEL FOLEY	Mar-94	NZR
W65	-	-	-	
W70	-	-	-	

1500M WALK				
W40	7.44.0	BARBARA LAMBERT	1992 Oceania	NZR
W45	10.51.00	LILY HINTON	1982	
W50	10.26.00	WINI PEPENE	1982	
W60	11.53.00	JUNE HUSBAND	1982	NZR
W70	10.23.00	AILSA FORBES	1982	NZR
W75	10.00.48	KAY KENNETH-LOW	1993	WR

1 MILE WALK				
W30	-	-	-	
W35	7.53.00	JANE JACKSON	1985	NZR
W40	8.04.50	JANE JACKSON	1992	NZR
W45	10.20.60	JUDY MILDON	1987	
W50	8.48.90	BARBARA LAMBERT	2002	NZR
W55	10.50.70	JEANETTE HOWDEN	1993	NZR
W60	10.35.20	WINI PEPENE	1993	NZR
W65	14.13.00	GLADYS PARRY	1983	NZR
W70	10.41.7	DOREEN TORBIT	1999 Auck Champs	NZR
W75	11.04.80	KAY KENNETH-LOW	1993	NZR
W80	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

3000M WALK				
W30	24.19.20	HELEN DEPHOFF	1983	
W35	14.45.35	JANE JACKSON	1986	
W40	15.13.51	JANE JACKSON	1989	
W45	16.58.30	MARCIA SOANES	2004 TT1	
W50	16.58.40	BARBARA LAMBERT	2000	
W55	18.25.51	WINI PEPENE	1986	
W60	18.25.97	SHIRLEY BARBER	29/2/2008	
W65	20.26.70	KAY KENNETH-LOW	1984	
W70	20.44.30	DOREEN TORBIT	2002	NZR
W75	21.07.24	DOREEN TORBIT	2002 Gold Coast	NZR
W80	-	-	-	

5000M TRACK WALK				
W40	24.50.85	JANE JACKSON	1987	NZR
W45	30.29.93	BARBARA LAMBERT	1998 Oceania	
W50	29.06.34	BARBARA LAMBERT	2000 Oceania	
W55	28.32.25	JANE JACKSON	1997 Worlds Durban	NZR
W70	34.38.10	KAY KENNETH-LOW	1997 Worlds Durban	NZR
W75	35.48.10	AILSA FORBES	1987	WSAR

10000M TRACK WALK				
W45	64.47.6	MARCIA SOANES	2003 Auck Champs	
W50	62.23.40	BARBARA LAMBERT	2002	NZR
W55	-	-	-	
W65	71.55.2	DOROTHY FOSTER	2003 Auck Champs	
W70	62.5	AILSA FORBES	1984 Oceania	
W75	77.22	AILSA FORBES	1987	WSAR

5000M ROAD WALK				
W30	-	-	-	
W35	27.30.00	NINI HARRIS	1985	
W40	24.50.39	JANE JACKSON	1987	
W45	34.17.10	JUDY MILDON	1987	
W50	33.14.90	WINI PEPENE	1985	
W70	35.48.01	KAY KENNETH-LOW	1987	
W75	36.22.59	AILSA FORBES	1987	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

10KM ROAD WALK				
W30	-	-	-	
W35	53.10.60	JANE JACKSON	1986	
W40	49.58.03	JANE JACKSON	1989	NZR
W45	52.57.00	JANE JACKSON	1992	NZR
W50	57.5	BARBARA LAMBERT	March 2001	
W55	62.54.50	WINI PEPENE	1986	
W60	-	-	-	
W65	73.28.30	KAY KENNETH-LOW	1984	
W70	68.42.00	KAY KENNETH-LOW	1984	NZR
W75	73.38.0	DOREEN TORBIT	2004	NZR

20KM ROAD WALK				
W50	2.08.23	JULIE HELEAN	2007 Worlds Riccione	
W60	2.15.16	SHIRLEY BARBER	NZ Long Distance Hastings	22/10/2006

2000M STEEPLES	UP TO MAR 1997		HURDLE HEIGHT 91.4CM	
W30	-	-	-	
W35	9.25.39	DIANNE HUGHES	1989	
W40	9.58.33	DIANE HOWELL	1993	
W45	7.51.25	JUDITH STEWART	1998 Oceania	
W50	8.24.70	JUDITH STEWART	2000	
W55	11.11.08	JUNE CRISP	1988	
W60	13.55.25	PAM SPIERS	1989	
W65	-	-	-	

2000M STEEPLES	<i>(AFTER MAR 1997)</i>			
W30	7.59.70	JENNY DRUMMOND	1998	
W35	-	-	-	
W40	-	-	-	
W45	7.51.25	JUDITH STEWART	1998	
W50	8.13.92	JUDITH STEWART	1999 Worlds England	
W55	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

80M HURDLES				
W30	16.48	ROSE HENRY	1986	
W35	-	-	-	
W40	12.74	AVIS MCINTOSH	1981	NZR
W45	12.84	COLLEEN MILLS	1979	
W50	14.45	COLLEEN MILLS	1985 Worlds Rome	NZR
W55	16.34	COLLEEN MILLS	1990 Oceania	
W60	21.74	WINI PEPENE	1994 Worlds Brisbane	
W65	22.9	WINI PEPENE	25/2/1996	

100M HURDLES				
W30	-	-	-	
W35	17.49	MARGE ALLISON	1981	
W40	22.3	DIANNE HOWELL	1993	
W45	17.12	HILDA DAVIDSON	March 1996	
W50	-	-	-	
W55	21.02	BERYL VINE	1983	NZR

300M HURDLES				
W50	53.22	COLLEEN MILLS	1988	
W55	73.86	WINI PEPENE	1988	NZR
W60	-	-	-	

400M HURDLES				
W35	69.78	CATHERINE BACON	2006 Nationals	

SHOT PUT				
W30	8.41	ANNE GOULTER	1994 Oceania	
W35	13.9	CHRISTINE MCCA HILL	2001	NZR
W40	11.46	CHRISTINE MCCA HILL	2006 Oceania	
W45	9.23	BARBARA AUSTIN	1988	
W50	9.99	ANNE HUNTER	1998 Aspac	
W55	9.83	MIRIAM STANLEY	1992 Oceania	
W60	9.85	MIRIAM STANLEY	1994 Worlds Brisbane	NZR
W65	7.36	WINI PEPENE	March 1996	
W70	6.64	HILARY WEEKS	2006 Gideon Tait	
W75	5.49	KAY KENNETH-LOW	1990 Oceania	
W80	4.82	PAULINE PURSER	2005	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

DISCUS				
W30	24.5	ANNE GOULTER	1994 Oceania	
W35	40.1	CHRISTINE MCCAHERILL	2002	
W40	33.97	CHRISTINE MCCAHERILL	2005 Gideon Tait	
W45	32.94	MIRIAM STANLEY	1981	
W50	31.8	MIRIAM STANLEY	1984	
W55	30.76	MIRIAM STANLEY	1989	NZR
W60	29.64	MIRIAM STANLEY	Mar-94	NZR
W65	17.38	WINI PEPENE	Mar-96	
W70	17.71	HILARY WEEKS	Auck Champs 2007	
W75	13.26	KAY KENNETH-LOW	1993	
W80	12.79	PAM SPIERS	2006 Auck Champs	NZR
W90	10.44	DULCIE HOWELLS	16/3/2008	

HAMMER				
W30	30.42	ANNE GOULTER	1996	
W35	49.54	CHRISTINE MCCAHERILL	2002 Adelaide	NZR
W40	42.73	CHRISTINE MCCAHERILL	2006 Nationals	NZR
W45	39.12	ANNE GOULTER	WMG 15/10/09	
W50	31.74	VIV KEOHANE	2000 Sth Pacific	
W55	32.66	MIRIAM STANLEY	1990 Oceania	
W60	32.64	MIRIAM STANLEY	1994 Worlds Brisbane	NZR
W65	22.42	JUNE HUSBAND	1987	
W70	20.4	JUNE HUSBAND	1992	
W75	14.73	PAM SPIERS	2003	
W80	12.92	PAULINE PURSER	2003 Auck Champs	

JAVELIN				
W30	19.50	ANNE GOULTER	July 1994	
W35	28.62	CHRISTINE MCCAHERILL	2002	
W40	27.42	JO HITCHINGS	2002 Nationals	
W45	25.27	TUI RAMANUI	2000	
W50	25.76	WINI PEPENE	1983	
W55	28.52	WINI PEPENE	1987	NZR
W60	27.36	WINI PEPENE	1993	NZR
W65	26.14	WINI PEPENE	1996 Nationals	NZR
W70	20.14	JUNE HUSBAND	1992	
W75	12.56	KAY KENNETH-LOW	1990 Oceania	
W80	12.16	PAM SPIERS	2006 Nationals	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

WEIGHT				
W30	-	-	-	
W35	16.67	CHRISTINE MCCA HILL	2002 Nationals	NZR
W40	14.99	CHRISTINE MCCA HILL	2006 Oceania	NZR
W45	12.30	ANNE GOULTER	WMG 12/10/09	
W50	9.82	VIV KEOHANE	2002 North Is	
W55	10.73	VIV KEOHANE	2003 North Is	
W60	12.21	MIRIAM STANLEY	1994 Nationals	
W65	-	-	-	
W70	8.85	HILLARY WEEKS	2006 Gideon Tait	
W75	6.23	PAM SPIERS	2002	NZR
W80	6.23	PAULINE PURSER	2006 Pan Pacific	NZR

HIGH JUMP				
W30	1.88	ANGELA McKEE	ANZ Nationals 2005	NZR
W35	1.40	CATHERINE BACON	15/11/09	
W40	1.36	ANNE GOULTER		
W45	1.42	COLLEEN MILLS	1979	NZR
W50	1.3	COLLEEN MILLS	1987	
W55	1.21	ANNE HUNTER	2005 Worlds Spain	
W60	1.16	ANNE DELEIROS	1/2/09	
W65	1.12	MARGARET PETERS	2001	
W70	1.10	MARGARET PETERS	2005 TT2	NZR
	1.10	MARGARET PETERS	2006 Auck Champs	
W75	1.00	MARGARET PETERS	22/3/09	
W80	-	-	-	

LONG JUMP				
W30	4.55	L. HADDOCK	1999 Auck Champs	
W35	4.83	LORRAINE CATE	1990	
W40	4.90	AVIS MCINTOSH	1981	
W45	4.94	ANNE HUNTER	1994	NZR
W50	4.80	ANNE HUNTER	1998	NZR
W55	4.20	ANNE HUNTER	2005 Worlds Spain	
W60	3.69	ANNE DELEIROS	18/1/09	
W65	3.11	WINI PEPENE	March 1996	
W70	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

TRIPLE JUMP				
W30	11.77	ANGELA McKEE	12/28/2006	
W35	9.80	JOANNE OWEN	Akld Champs 14-2-10	+0.9 m/s
W40	9.31	ANNE HUNTER	1993	
W45	10.15	ANNE HUNTER	1998	NZR
W50	9.85	ANNE HUNTER	1998 Aspac	NZR
W55	9.00	ANNE HUNTER	2003	NZR
	9.00	ANNE HUNTER	2004 TT1	NZR
W60	8.27	ANNE DELEIROS	WMG 17/10/09	
W65	5.68	WINI PEPENE	2/25/1996	
W70	-	-	-	

POLE VAULT				
W30	-	-	-	
W35	3.9	CASSANDRA KELLY	13/7/1998	
W55	-	-	-	
W60	1.5	WINI PEPENE	1994 Oceania	NZR
W65	-	-	-	

PENTATHLON				
W30	2405	ANNE GOULTER	1/03/1994 Nationals	
W35	3179	MARGE ALLISON	1981	NZR
W40	2651	JO HITCHINGS	2002 Nationals	
W45	2913	TUI RAMANUI	1998 Oceania	
W50	3312	COLLEEN MILLS	Date not given	NZR
W55	3241	TUI ASHE	2006 Oceania	
W60	2925	WINI PEPENE	March 94	
W65	2897	WINI PEPENE	1996 Nationals	
W70	-	-	-	
W75	2323	PAULINE PURSER	2002 Winter Pen	
W80	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

WEIGHT PENTATHLON		NEW EVENT 23/02/97		
W30	2010	ANNE GOULTER	1996 Nationals	
W35	3884	CHRISTINE MCCAHERN	2002 Adelaide	
W40	3777	CHRISTINE MCCAHERN	2006 Nationals	NZR
W45	3040	ANNE GOULTER	12/10/2008	
W50	2573	VIVIENNE KEOHANE	1999	
W55	3583	MIRIAM STANLEY	1990 Oceania	
W60	3990	MIRIAM STANLEY	1994	NZR
W65	3306	WINI PEPENE	1996 Nationals	
W70	3183	HILARY WEEKS	Auck Champs 2007	
W75	2323	PAULINE PURSER	2002 Winter Pen	
W80	2958	PAULINE PURSER	2004 Nationals	NZR

MARATHON				
W30	-	-	-	
W35	2.46.20	MARION MACDONALD	1990 Takanini	
W40	2.47.13	NYLA CARROLL	2008 Rotorua	
W45	2.45.37	ROBIN HAMES		
W50	3.20.05	CRIS MALCOLMSON	1999 Auckland	
W55	3.40.19	JOAN CHEADLE	1994 Rotorua	
W60	3.35.29	ISOBEL FOLEY	1997 Rotorua	
W65	3.49.06	ISOBEL FOLEY	2001 Rotorua	NZR
W70	4.42.49	MARION GRIFFITH	2006 New Plymouth	NZR
W75	6.43.00	KAY KENNETH-LOW	1992 Auckland	NZR
W80	-	-	-	

1/2 MARATHON				
W30	1.28.19	RONNIE COLE	1998 Auckland	
W35	1.19.51	GAIL REAR	1996 Nelson	
W40	1.15.19	NYLA CARROLL	2008 Huntly	
W45	1.29.03	JUDITH STEWART	1998 Huntly	
W50	1.30.46	AILSA SCOTTING	1996 Nelson	
W55	1.35.47	JUDITH STEWART	2006 Oceania	NZR
W60	1.44.49	ISOBEL FOLEY	1998 Oceania	NZR
W65	2.21.17	MARION GRIFFITH	2004 Auck Masters	
W70	1.55.29	ISOBEL FOLEY	2004 Non Stadia	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 10K ROAD RACE

W35	38.16	KRISTINE REID	3/6/2007	
W40	43.22	KAREN PETLEY	2004 Non Stadia	NZR
W45	-	-	-	
W50	-	-	-	
W55	44.15	JUDY STEWART	2004 Non Stadia	NZR

### 5K ROAD RACE

W35	18.05	GAIL REAR	1997 Westport	
W40	18.21	J. SMITH	1993 Wellington	
W45	19.16	CRIS MALCOLMSON	1994 Taranaki	
W50	20.05	JUDITH STEWART	2001 Hamilton	
W55	21.05	BILLIE O'HALLORAN	1996 Christchurch	
W65	23.51	ISOBEL FOLEY	2001 Hamilton	

### HEPATHLON

W35	2943	JO HITCHINGS	2001 NZ Multi Events	
W50	2788	HILDA DAVIDSON	2000 NZ Multi Events	

### 4x100m RELAY

W45	56.27	Peters/Ramanui/Waring/Brown	1997 Worlds	
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# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

EVENT/AGE	RECORD	NAME	YEAR	
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<b>60M</b>	<i>(new record introduced 2008)</i>			Wind
M30				
M35	7.57	CORNEY CARSTENS	13/12/2009	2.0 m/s
M40	7.69	JOHN CAMPBELL	2/4/2008	-0.3 m/s
M45	7.61	JOHN CAMPBELL	13/12/2009	2.0 m/s
M50				
M55				
M60	8.36	TONY DELEIROS	26/1/08	-1.4 m/s
M65				
M70				
M75				

<b>100M</b>				
M30	11.59	CORNEY CARSTENS	2006 Nationals	
	11.5h	CORNEY CARSTENS	Multi Events Day	15/10/2006
M35	11.3h	HOWARD ATKINSON	1995 Akld Champs	
M40	11.7h	COLIN MAGUIRE	1983	
M45	11.88	JOHN CAMPBELL	15/11/09	1.0 m/s
M50	12.07	DAVE ALCHIN	1984	
M55	12.8h	FRANK EVENS	1982	
M60	13.01	TONY DELEIROS	2007 Worlds Riccione	0.1 m/s
M65	14.2h	TREVOR COWLEY	2002	
M70	14.8h	TREVOR COWLEY	2005 Ak Champs	
M75	17.06	RON JOHNSON	2007 Worlds Riccione	
M80	17.5h	SYD TAYLOR	1996 Ak Champs	
M85	19.46	SYD TAYLOR	2001	NZR
M90	21.51	SYD TAYLOR	2006 Nationals	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>200M</b>				
M30	23.8h	CORNEY CARSTENS	2006 TT3	
M35	23.2h	HOWARD ATKINSON	2/2/1997	
M40	23.9h	COLIN MAGUIRE	1983	
M45	24.05	DOUG BARRY	1979	
M50	25.28	DOUG BARRY	1981	
M55	25.9h	TONY DELEIROS	TT1 2006	
M60	25.94	TONY DELEIROS	2007 Worlds Riccione	-0.8 m/s
M65	29.7h	TREVOR COWLEY	2000 Sth Pacific	
M70	31.5h	TREVOR COWLEY	2005 Akld Champs	
M75	35.2h	SYD TAYLOR	1991	
M80	36.8h	SYD TAYLOR	25/2/1996	
M85	40.21	SYD TAYLOR	2001	NZR
M90	52.38	SYD TAYLOR	2006 Nationals	NZR

<b>400M</b>				
M35	53.01	RON SEWELL	1981	
M40	52.8h	COLIN MAGUIRE	1982	
M45	55.9h	PETER PHILPOTTS	1980	
M50	56.17	FRANK EVENS	1979	
M55	56.7h	FRANK EVENS	1981	
M60	58.11	FRANK EVENS	1985 Worlds Rome	Former WR
M65	61.75	FRANK EVENS	1990 Oceania	NZR
M70	71.76	RON JOHNSON	2003 Nationals	
M75	82.02	HECTOR MEIN	2006 Oceania	
M80	97.7h	SYD TAYLOR	25/2/1996	
M85	1.50.89	SYD TAYLOR	2002 Nationals	NZR

<b>800M</b>				
M35	2.06.00	DAVID DRUMMOND	2000	
M40	2.00.01	DAVE SIRL	1985	
M45	1.58.42	DAVE SIRL	1987	NZR
M50	2.05.00	BILL BAILLIE	1984	
M55	2.08.00	FRANK EVENS	1981	
M60	2.14.02	FRANK EVENS	1985 Worlds Rome	
M65	2.25.72	FRANK EVENS	1990 Oceania	
M70	2.49.96	HUGH CLARK	1993	
M75	3.12.98	HECTOR MEIN	2006 Oceania	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>1500M</b>				
M35	4.13.31	DAVE DRUMMOND	2002 Oceania	
M40	4.04.70	DAVE SIRL	1985	
M45	4.01.47	DAVE SIRL	1987	
M50	4.12.50	BILL BAILLIE	1984	
M55	4.32.47	ALAN GALBRAITH	2001 Worlds Brisbane	13/7/2001
M60	4.47.89	ALAN GALBRAITH	2005 Nationals	
M65	5.07.60	RICHARD CHASE	2000	
M70	5.42.8	HUGH CLARK	1992 Nationals	
M75	6.39.70	JIM JAMIESON	1984	
M80	8.09.22	JIM JAMIESON	1989	
M85	-	-	-	

<b>ONE MILE</b>				
M40	4.18.8	ROD DIXON	1990 Papakura	
M45	4.16.75	DAVE SIRL	6/12/1987	WR
M50	4.39.2	JOHN DAVIES	1990 Papakura	

<b>3000M</b>				
M35	9.20.88	DAVE DRUMMOND		
M40	8.45.8	TED McLACHLAN	1996 TT3	
M45	9.33	MURRAY NELSON		
M50	10	ALAN GALBRAITH	1998-9	
M55	10.18.36	ALAN GALBRAITH	2001 TT2	
M60	10.22	DICK CHASE		
M65	10.34	DICK CHASE	1998-9	
M70	11.39.19	LEONARD WIGHAM		NZR
M75	14.26.6	HECTOR MEIN	2006 TT3	
M80	-	-	-	
M85	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>5000M</b>				
M35	15.32.80	JOHN SHARP	1989	
M40	15.00.40	REG HOUSE	1986	
M45	15.38.15	FRED SMITH	1987	
M50	15.37.70	BARRY MAGEE	1984	
M55	16.56.30	BARRY MAGEE	1990 Oceania	
M60	16.56.62	ALAN GALBRAITH	2005 Nationals	
M65	18:44.76	ALAN GALBRAITH	Akld Champs - 14/2/10	
M70	19.37.11	WIN NELMES	1998	
M75	22.45.00	WIN NELMES	1990	
M80	-	-	-	

<b>10000M</b>				
M35	34.46.30	PAT BRADLEY	1979	
M40	31.23.10	PAUL SUMPTER	1987	
M45	31.57.38	FRED SMITH	1987	
M50	33.08.60	BARRY MAGEE	1984	
M55	35.35.33	ALAN GALBRAITH	2001 Auck Champs	
M60	39.48.00	GEORGE PEARCE	1993	
M65	40.26.90	LEONARD WIGHAM	2000	
M70	41.04.97	LEONARD WIGHAM	2002	
M75	50.35.00	JIM JAMIESON	1984	
M80	-	-	-	

<b>1 MILE WALK</b>				
M35	7.36.6	KEVIN BURGE	26/2/1996	
M40	7.03.0	KEVIN HENWOOD	1989	
M45	6.56.2	MORRIE HINTON	1982	
M50	6.57.7	GARY LITTLE	25/2/1996	
M55	7.49.8	MORRIE HINTON	1991	
M60	9.23.1	OWEN MILDON	1993	
M65	9.45.7	KEITH SANDERS	1993	
M70	10.07.5	KEITH SANDERS	26/2/1995	
M75	9.38.0	JIM JAMIESON	1992	
M80	14.44.8	JIM JAMIESON	1992	
M85	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 3000M TRACK WALK

M35		KEVIN TAYLOR	1986	
M40	13.48.3	MAURICE HINTON	1979	
M45	12.05.5	GARY LITTLE	1991 Auckland	WR
M50	12.17.25	GARY LITTLE	1993 Auckland	WR
M55	13.00.0	GARY LITTLE	29/11/1997	NZR
M60	13.58.13	GARY LITTLE	2004 Nationals	WR
M65	15.59.20	MAURICE HINTON	2001	NZR
M70	20.44.1	JIM JAMIESON	1983	
M75	21.36.7	JIM JAMIESON	1984	
M80	23.50.0	JIM JAMIESON	1989	
M85	-	-	-	

### 5000M TRACK WALK

M35	23.12.58	KEVIN TAYLOR	1990	
M40	24.33.64	JEVIN HENWOOD	1990	
M45	20.54.4	GARY LITTLE	1991 Auckland	WR
M50	21.01	GARY LITTLE	16/2/1992	WR
M55	22.14.93	GARY LITTLE	19/1/1998	NZR
M60	23.39.8	GARY LITTLE	10/9/2002	WR
M65	28.06.26	MAURICE HINTON	2001	NZR
M70	-	-	-	
M75	38.36.00	ARTHER PAUL	1990	
M80	45.44.00	JIM JAMIESON	1990 Oceania	
M85	-	-	-	

### 10000M TRACK WALK

M50	43.48.85	GARY LITTLE	1992	NZR
M60	49.22.70	GARY LITTLE	2002 Auck	NZR

### 15000M TRACK WALK

M50	1.07.48.7	GARY LITTLE	1992	
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### 20000M TRACK WALK

M45	1.29.18	GARY LITTLE	1991	NZR
M60	1.49.37.1	GARY LITTLE	2004	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 25000M TRACK WALK

M50	1.56.10.5	GARY LITTLE	1993	
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### 30000M TRACK WALK

M45	2.18.41	GARY LITTLE	1991 Napier	WR
M50		GARY LITTLE	1992 Cambridge	WR

### 2 MILE TRACK WALK

M45	13.21.7	GARY LITTLE	1991	
M50	12.57.73	GARY LITTLE	1992	

### 10KM ROAD WALK

M35	48.44.8	KEVIN TAYLOR	1986	
M40	44.39.9	MORRIE HINTON	1980	NZR
M45	43.43.6	GARY LITTLE	1991	NZR
M50	42.2	GARY LITTLE	1992 Christchurch	WR
M55	45.25	GARY LITTLE	11/10/1997	NZR
M60	19.01	GARY LITTLE	2004 Nationals	WR
M65	57.25	MORRIE HINTON	2001 Auck Vets	NZR
M70	1.01.15	MORRIE HINTON	2005 Oceania	
M75	74.25	JIM JAMIESON	1984	
M80	90.43	JIM JAMIESON	1991	
M85	-	-	-	

### 15KM ROAD WALK

M45	1.05.00	GARY LITTLE	1991	NZR
M50	1.04.18	GARY LITTLE	16/2/1992	NZR
M55	1.09.25	GARY LITTLE	11/10/1997	NZR
M60	1.18.42	GARY LITTLE	18/6/2005	NZR

### 20KM ROAD WALK

M45	1.28.32	GARY LITTLE	12/10/1991	NZR
M50	1.26.32	GARY LITTLE	16/2/1992	NZR
M55	1.36.10	GARY LITTLE	9/9/1997	WR
M60	1.52.02	GARY LITTLE	2003	NZR
M65	2.03.03	MORRIE HINTON	2001	NZR

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 25KM ROAD WALK

M45	1.52.10	GARY LITTLE	12/10/1991	NZR
M50	1.53.55	GARY LITTLE	10/10/1992	NZR
M55	2.11.44	GARY LITTLE	9/11/1997	NZR
M65	2.56.04	DUDLEY HARRIS	1992	NZR

### 30KM ROAD WALK

M45	2.18.41	GARY LITTLE	1991	NZR
M50	2.18.14	GARY LITTLE	1992	NZR
M55	2.32.43	GARY LITTLE	1998 Japan	NZR
M60	2.53.17	GARY LITTLE	2003	NZR
M65	3.32.38	DUDLEY HARRIS	1992	

### 50KM ROAD WALK

M45	4.39.27	GARY LITTLE	2/6/1991	NZR
M50	4.16.36.4	GARY LITTLE	1992	NZR
M55	4.49.36	GARY LITTLE	9/1/1997	NZR
M60	5.25.44	GARY LITTLE	2003	NZR
M65	5.52.58.0	DUDLEY HARRIS	1991	NZR
M70	6.56.47	DUDLEY HARRIS	1998 Melbourne	

### 2000M STEEPLES

M60	8.00.10	MIKE BRUNT	2000	
M65	8.29.29	RON JOHNSON	1997 Worlds	
M70	8.59.48	JOE JONES	1994 Worlds Brisbane	
M75	9.57.89	HECTOR MEIN	2006 Oceania	WSAR
M80	11.48.22	JIM JAMIESON	1992	NZR
M85	-	-	-	

### 3000M STEEPLES

M35	10.33.02	DAVE DRUMMOND	2003 Nationals	
M40	9.37.59	BARRY COOPER	1987	
M45	10.32.50	BILL RODGER	1979	
M50	11.12.83	NORRIS WYATT	1994	
M55	11.53.25	NORRIS WYATT	1998	
M60	13.21.10	WALLACE OPPERMAN	1986	NZR
M65	-	-	-	
M70	15.09.75	JIM JAMIESON	1981	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 80M HURDLES

M50	12.69	ROY WILLIAMS	1986	NZR
M55	-	-	-	
M60	16.74	VINCE HARRIS	1993	
M65	-	-	-	
M70	18.32	RON JOHNSON	2006 Nationals	
M75	20.8	HECTOR MEIN	2006 Nationals	NZR

### 100M HURDLES

M40	14.39	R JENKINS	1988	
M45	19.78	ALLEN SMITH	1996	
M50	19.0h	ROY PETRIE	1994	
M55	17.2	JAN SPEERSTRA	1988	
M60	19.35	ROY PETRIE	2001 Worlds Brisbane	
M65	21.32	RON JOHNSON	1999 Aust Champs	
M70	-	-	-	
M75	19.12	RON JOHNSON	2007 Worlds Riccione	NZR

### 110M HURDLES

M35	17.65	BRENT BOOKER	2005	NZR
M40	19.6	NIGEL TOY	1985	
M45	20.4	EARL CROWLEY	2002	
M50	19.23	JAN SPEERSTRA	1980	NZR

### 200M HURDLES

M35	32.2h	NEIL BARTLETT	23/2/1997	
M40	37.9h	PETER FENEMORE	23/2/1997	
M45	36.8h	GLENN OWENS	23/2/1997	
M50	-	-	-	
M55	-	-	-	
M60	39.0h	RON JOHNSON	23/2/1997	
M65	-	-	-	
M70	-	-	-	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### 300M HURDLES

M45	51.4	NIGEL TOY	1989	
M50	56.99	JOHN PENNY	1989	
M55	54.5	JAN SPEERSTRA	1988	
M60	52.16	ROY PETRIE	2001 Worlds Brisbane	
M65	55.37	RON JOHNSON	1998 Oceania	
M70	60.18	RON JOHNSON	2004 Nationals	
M75	69.62	HECTOR MEIN	2006 Nationals	NZR

### 400M HURDLES

M35	66.49	NEIL BARTLETT	1996	
M40	62.0h	JOHN REDWOOD	1984	
M45	63.54	PETER PHILPOTTS	1981	
M50	63.0h	JAN SPEERSTRA	1981	NZR
M55	66.4h	JAN SPEERSTRA	1985	
M60	88.83	HUGH CLARK	1983	
M65	-	-	-	

### SHOT

M30	8.64	DEWALD IMMINK	Multi Events Day	15/10/2006
M35	12.25	DEON WAGNER	2004	
M40	14.43	LES MILLS	1975	
M45	11.06	PETER BLUCHER	NI CHAMPS	28/11/09
M50	12.97	CES SCOTT	1983	
M55	13.38	ARTHUR HUSBAND	1979	
M60	14.62	ARTHUR HUSBAND	1982 Oceania	
M65	11.48	ARTHUR HUSBAND	1987	
M70	12.08	SAM JOHNSON	1993	NZR
M75	9.34	CLAUDE CLEGG	1989	
M80	7.91	LAURIE CARTER	25/2/2007	
M85	4.53	SYD TAYLOR	2005AkChamps	
M90	3.87	SYD TAYLOR	2006 TT3	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>DISCUS</b>				
M30	29.95	VAUGHAN HIBBERT	Multi Events Day	15/10/2006
M35	41.51	DEON WAGNER		
M40	43.44	ROY WILLIAMS	1975	NZR
M45	43.12	ROY WILLIAMS	1981	NZR
M50	44.2	ROY WILLIAMS	1986	
M55	39.46	STUART WILLIAMS	2001	
M60	42.34	SAM JOHNSON	1984	
M65	39.64	SAM JOHNSON	1990 Oceania	
M70	38.2	SAM JOHNSON	1992 Oceania	NZR
M75	29.66	RON JOHNSON	2007 Worlds Riccione	
M80	20.52	LAURIE CARTER	2005 Gideon Tait	
M85	12.02	SYD TAYLOR	2004 TT1	

<b>HAMMER</b>				
M35	48.62	MARK CUMMING	2002 Winter Pen	NZR
M40	48.73	MARK CUMMING	2002	NZR
M45	50.77	MARK CUMMING	WMG 17/10/09	NZR
M50	43.52	SAM JOHNSON	1975	
M55	36.34	CHRIS THOMPSON	29/2/2008	
M60	43.58	MAX CARR	1985	
M65	45.7	MAX CARR	1987	
M70	44.44	MAX CARR	1993	NZR
M75	37.4	MAX CARR	1997 Worlds	NZR
M80	24.46	LAURIE CARTER	TT2 2007	
M85	11.93	SYD TAYLOR	2005 Gideon Tait	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

<b>JAVELIN</b>				
M30	27.42	DEWALD IMMINK	Multi Events Day	
M35	42.75	KEITH ADAMS	1982	
M40	64.65	DARYL BRAND	9/2/08	NZR
M45	40.75	MURRAY FREE	4/10/08	
M50	40.52	ROY WILLIAMS	1986	
M55	34.15	NEIL DRUMMOND	2002 Nationals	
M60	38.22	SAM JOHNSON	1983	
M65	36.91	RON JOHNSON	2000 Oceania	
M70	39.95	RON JOHNSON	2003 Worlds	NZR
M75	31.14	CLAUDE CLEGG	1990 Oceania	
M80	16.98	LAURIE CARTER	TT2 2007	
M85	9.06	SYD TAYLOR	2002	

<b>WEIGHT</b>				
M35	15.01	MARK CUMMING	2001	
M40	16.14	MARK CUMMING	2006 Gideon Tait	NZR
M45	15.49	MARK CUMMING	WMG 17/10/09	NZR
M50	13.64	HANS BARNARD	2009 Nationals	
M55	13.12	JOLS POLS	2005 Nationals	
M60	13.17	CES SCOTT	1993 Nationals	
M65	14.3	MAX CARR	13/3/1992	
M70	17.72	MAX CARR	1994 Nationals	
M75	10.99	LAURIE CARTER	2002	
M80	10.74	LAURIE CARTER	2005 TT2	

<b>HIGH JUMP</b>				
M35	1.9	PETER GALLIVEN	2006 NZ Masters	NZR
M40	1.85	ROGER WESTBURY	30/3/2008	
M45	1.68	DAVID LEDGER	3/4/2010	
M50	1.55	ROY WILLIAMS	1986	
M55	1.48	HANK VAN TWUIVER	1987	
	1.48	HANK VAN TWUIVER	1998 Oceania	
M60	1.32	HANK VAN TWUIVER	2003	
M65	1.32	RON JOHNSON	2001 Aust Champs	
M70	1.25	RON JOHNSON	Aspac	
M75	1.15	HECTOR MEIN	Auck Champs 2007	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### LONG JUMP

M30	5.08	CORNEY CARSTENS	2006 Nationals	
M35	6.19	JIM MUNNS	1979	
M40	6.81	ROY WILLIAMS	1975	NZR
M45	6.46	ROY WILLIAMS	1981	NZR
M50	5.6	ROY WILLIAMS	1986	
M55	4.81	ROY PETRIE	23/2/1997	
M60	4.78	ROY PETRIE	1/12/2000	
M65	4.35	RON JOHNSON	1997 Nationals	NZR
M70	4.02	SYD TAYLOR	1986	
M75	3.57	HECTOR MEIN	2006 Nationals	NZR
M80	2.94	SYD TAYLOR	1996	NZR
M85	2.1	SYD TAYLOR	2004 Nationals	NZR

### TRIPLE JUMP

M35	13.55	BRENT BOOKER	2005	NZR
M40	12.31	KEVIN TODD	1990	
M45	11.27	STEVE PRIEST	2/3/1997	
M50	11.02	LANCE SMITH	1994 Oceania	
M55	10.6	LANCE SMITH	1998	
M60	8.99	TREVOR COWLEY	26/2/1995	
M65	8.73	TREVOR COWLEY	2000	
M70	8.36	RON JOHNSON	2003 Nationals	
M75	7.04	RON JOHNSON	7/3/09	
M80	-	-	-	

### POLE VAULT

M35	3.9	BRENT BOOKER		
M40	3.01	TIM FROST	1986	
M45	3.02	PETER PHILPOTTS	1981	
M50	3.21	ROY WILLIAMS	1986	
M55	2.4	JOLS POLS	2005 TT2	
M60	2.4	RON JOHNSON	1994 Nationals	
M65	2.5	RON JOHNSON	2001	NZR
M70	2.2	RON JOHNSON	June 2005	
M75	2.1	RON JOHNSON	2007 Worlds Riccione	NZR
M80	1.45	WALLACE OPPERMAN	2006 Oceania	NZR
M85	-	-	-	

# AUCKLAND MASTERS ATHLETICS

Records as at January 2010

## PENTATHLON

M35	2418	NEIL BARTLETT	23/2/1997	
M40	2847	ROBERT PURDIE	1994	
M45	4156	ROY WILLIAMS	1981	NZR
M50	3945	ROY WILLIAMS	1986	NZR
M55	2568	TREVOR COWLEY	1994	
M60	3304	RON JOHNSON	1995	
M65	3693	RON JOHNSON	1997	NZR
M70	3560	RON JOHNSON	2002	NZR
M75	3029	HECTOR MEIN	2006 Oceania	NZR
M80	802	SYD TAYLOR	1996	

## DECATHLON

M35	5704	BRENT BOOKER	2005 Com. Events	NZR
M40	6110	ROY WILLIAMS	1975	
M45	7870	ROY WILLIAMS	1980	NZR
M50	4809	LANCE SMITH	1995 Hastings	
M55	4016	JOLS POLS	NZ Masters Comb	
M60	6246	RON JOHNSON	1997 Worlds	
M65	7114	RON JOHNSON	2001	NZR
M70	6128	RON JOHNSON	2004	NZR
M75	6439	RON JOHNSON	2007 Worlds Riccione	

## WEIGHT PENTATHLON

M35	2793	DEON WAGNER	2005 Worlds Spain	
M40	3100	MARK CUMMING	2002 Adelaide	NZR
M45	3285	MARK CUMMING	WMG 17/10/09	
M50	3400	NIGEL TOY	1993 Nationals	
M55	2942	JOLS POLS	2005 Nationals	
M60	3206	CES SCOTT	1993 Nationals	
M65	3948	SAM JOHNSON	1990 Oceania	
M70	4356	SAM JOHNSON	1992 Oceania	NZR
	4356	SAM JOHNSON	1993 Nationals	
M75	3346	MAX CARR	1997 Worlds	
M80	3140	LAURIE CARTER	25/2/2007	

# AUCKLAND MASTERS ATHLETICS

## Records as at January 2010

### HALF MARATHON

M30	-	-	-	
M35	1.16.14	HANS OBERST	1994 Auck Vets	NZR
M40	1.08.34	KERRY RODGER	2004 Non Stadia	
M45	1.11.34	KEVIN HAMILTON	1993 Papakura	
M50	1.14.08	CLIVE HENDERSON	1996 Huntly	NZR
M55	1.16.21	CLIVE HENDERSON	1999 Auckland	
M60	1.17.53	CLIVE HENDERSON	2003 Huntly	NZR
M65	1.23.27	LEN WIGHAM	2004 Non Stadia	NZR
M70	1.35.18	P.DAVIS	1996 Auck Vets	
M75	1.27.51	IAN MALLOWES	2004 Non Stadia	NZR

### MARATHON

M30	-	-	-	
M35	2.58.27	DAVE DRUMMOND	2004 Non Stadia	
M40	2.30.44	EUAN ROBERTSON	1992 Auckland	
M45	2.32.05	KEVIN HAMILTON	1994 Rotorua	
M50	2.41.09	KEVIN HAMILTON	1997 Rotorua	
M55	3.04.42	GARY RETIGEN	1994 Auckland	
M60	2.47.40	CLIVE HENDERSON	2002 Melbourne	
M65	3.22.09	PETER DAVIS	1992 Auckland	
M70	3.48.12	LES HALL	1992 Auckland	

### 10K ROAD RACE

M35	34.02	DAVE DRUMMOND	2002 Sir Barry Curtis	
M40	30.45	KERRY RODGER	2004 Non Stadia	
M45	32.11	DAVE SIRL	1991 Napier	
M50	33.53	FRED SMITH	1992 Cambridge	
M55	34.06	CLIVE HENDERSON	1998 Wanganui	
M60	35.53	ALAN GALBRAITH	2004 Non Stadia	
M65	40.02	LEN WIGHAM	1999 Auckland	
M70	40.28	LEN WIGHAM	2001 Hamilton	
M75	59.06	JOE JONES	1999 Auckland	