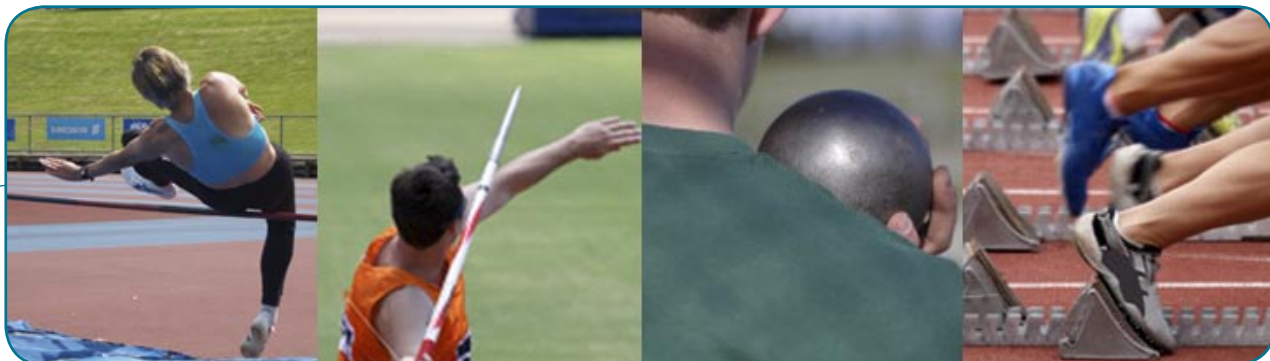


Auckland Masters Athletics

Top Team THREE



Sunday March 22nd 2009 @ **10.00am** - Mt Smart Stadium, O'Rorke Rd, Penrose

Entries are open to all masters athletes - you do not need to belong a club to enter.

Name

Date of birth / / Age Group (eg. M50)

AMA / NZMA Membership No.

Club (where your points will go)

Entry fee \$ 5.00

Programme:

- 60m 100m 200m 400m 1500m Run/Walk (EH)*
- 3000m Run/Walk (EH)* Please indicate if you are a walker or runner: Walker Runner
- Weight Throw Hammer Shot Put High Jump Long Jump
- Gut Buster Relay: 400m/200m/100m/100m

Please tick the event(s) you wish to enter. NB: Top Team entries must have four events comprising either: 2 track & 2 field (including 1 throw) or 3 track & 1 field or 1 track and 3 field events.

Please make cheques payable to: **Auckland Masters Athletics Inc.**

Enter using this form and send by post or enter on the day **until 9.15am**

Post entries to: Trevor Ashe, 4a Seaforth Ave, Mangere Bridge 2022

* these events are eligible for the Ernie Haskell trophy - they are walk/run events.